



January - March 2020

cmai.org

ISSUE 194

Life for All

A QUARTERLY NEWSLETTER OF CHRISTIAN MEDICAL ASSOCIATION OF INDIA

A WORD FROM THE GENERAL SECRETARY

The New Normal

The world now has a different modus operandi. The term “new normal” has been touted quite a bit. CMAI staff has adapted to a new way of working. Devotions start our day at home work stations and we are accountable to a work system that is evolving apart from our home chores. Yes, life is different. But when I look at this ‘new normal’ from the perspective of our membership, it takes on a whole new meaning. Our mission hospitals are open day and night. Committed healthcare staff working in the mission do not have the option to work from home. They are preparing to serve

their communities with every resource available. They are ensuring that every person who walks through their doors will be taken care of, including their own staff. No compromise on quality of healthcare. Every spare moment is spent on active discussions involving patient care, PPE, infrastructure requirements, protocols and much more, to ensure best practices are shared, questioned and implemented. A moment to congratulate and appreciate a fellow colleague is done with gusto. They make time every day for spiritual strengthening through fellowship. They reach out to their communities with a

love that is exemplary. Making, packing and distributing food to the poorest of the poor. They have met with their local governments to extend support. Not a stone is left unturned in their response to the challenge presented. The Churches have contributed and followed their example. In truth, our membership is continuing to do what they do best. Serve with love and compassion. The new normal for them is just the normal. Salute to all our members!

Thanking you

Dr. Priya Letitia John
General Secretary

SUCCESS STORY

Christian Hospital Nabarangpur

COVID 19 HOSPITAL

The Odisha Government signs MoU with Christian Hospital Nabarangpur to manage the COVID 19 HOSPITAL in Nabarangpur, Odisha in the leadership of Dr. Santosh Nag is the Head of Christian Hospital Nabarangpur.

Christian Hospital Nabarangpur has special COVID19 Hospital and isolation Centre at Nabarangpur. The Hospital is of 200 bedded with isolation centre for COVID patients and other medical facilities.

Showing commitment and solidarity with the home State in the fight against COVID 19 pandemic, National Aluminium Company Limited (Nalco) has come forward to fund an exclusive 200 bedded COVID 19 hospital at Nabarangpur in Odisha.

A tripartite agreement in this context was signed by Nalco, district administration and Christian Hospital, Nabarangpur.



ADMINISTRATORS SECTION

God can do anything, you know far more than you could ever imagine, guess or request in your wildest dreams! He does it not by pushing us around but by working within us, his Spirit deeply and gently within us.

The year 2019-20 the section members were the best team players. We could see extraordinary involvement in every activity of the section by the members and the institutions. Representations from all parts of the country to all the Workshops, Training Programs, Distance Education Programs, Executive Meetings, General Body, Biennial Conference last but not the least, the 50th Golden Jubilee Celebrations of the section. We could see additions in our memberships. Our 2nd Batch for Distance Education program on Diploma in Hospital Administration admissions are still open. Kindly visit CMC/CMAI websites and encourage your staff to apply. We are connected with the National Law School of India University for the Postgraduate Diploma in Medical Law and Ethics.

Doctors, BSC Nurses, Graduates, from our mission hospitals are eligible to apply. The brochure will be sent shortly and will be put up in our CMAI website also.

The recent coronavirus (COVID-19) outbreak has shed light on alternative digital options for meetings and conferences. This virus outbreak has already proven to be one of the largest teleworking experiments ever, but how can we effectively utilize online participation tools to continue meetings uninterrupted. Your valuable inputs on the same will be appreciated to continue with uninterrupted schedules and programs.

We turn to God in times of fear and uncertainty as we do in times of joy and celebration. Please join us as we pray for God's heart of Love, Mercy, and Truth to dwell in us and show us how to face the challenges posed by the new coronavirus.

*Ms. Elsy John
Secretary
Administrators' Section*

33rd Hospital & Health Care Services Management Workshop

33rd Hospital & Health Care Services Management Workshop CRI Brothers Institute, Bangalore held from 3rd February 2020 to 14th February 2020.

Around 27 participants participated from 15 institutions enthusiastically participated.



BCHON: Bangalore Christian Health Organisation Network

The Bangalore Christian Health Organisation Network (BCHON) was hosted by CMAI on 19th February 2020 at Hotel Ashraya International, Bangalore representing with 26 members from 10 institutions from various parts of India.

It started with a inspirational devotion by Dr. Rajkumar, Director, SDA, Bangalore.

Topics covered were:

1. Innovative ways to focus healing and wholeness through mission hospitals in urban areas by Dr. Naveen Thomas, Director BBH.
2. Coronavirus: Biosafety & Hospital Surge Capacity by Dr. Gifty Immanuel, M.S. CSI Hospital, Bangalore

There were 20 resource persons who motivated the participants with their highly qualified experiences.

What is the main skill/s or capacity/ies the participants got through this formal training:-

1. Adequate knowledge and modern health concepts in healthcare.
2. Enhance working teams for greater organizational performance to highlight the challenges across the different organizations and to provide adequate skills to administer and deal with the challenges.
3. Help benchmark against the peer group in other organizations/hospitals.

Continued on page... 3

ALLIED HEALTH PROFESSIONALS' SECTION

Shaping the future minds through CMAI SEED Programme.

In the last quarter CMAI enriched around 340 students through its SEED Programme.

Students Empowering and Enriching Directive (SEED) is an unique initiative from CMAI to engage with youth especially healthcare professional students to empower and enrich them with values and soft skills that is required in their personal and professional life.

We had three SEED programmes in last quarter in Bangalore, Guwahati and in Mohulpahari, Jharkhand respectively.

The two day programme was packed with valuable sessions on Self-awareness, Communication skills, Motivation, Social Media addiction among youth and its impact, Challenges youth face today and ways to overcome, Discipline, time management etc.

Sessions were interactive to understand student's perspective on various issues they face today. Various inputs were

also given through group activities and discussions. They also had loads of fun with some outdoor games, action songs and healthy competitions. Sessions were taken by experts and stalwarts from various fields. Sessions were also focussed on giving inputs to students for their psychological and spiritual wellbeing.



Students expressed that they are being benefitted a lot from these sessions since these are rarely being addressed in their own settings.

Mr. Lyric Abraham
Secretary

Allied Health Professionals' Section

4. Enhance leadership and managerial skills.

Workshop coverage

Health Care Systems and the Role of Hospital, Hospital Operations Management, Financial Management in Health Care, Team Building and conflict resolutions, Hospital Information Systems, Legal Aspects of Hospitals, Human Resource Management, Customer Experience & Patient Service Promotion & Development, Operational Excellence, Digitalization & Management information system, Palliative Care, Grievance Handling / Costing, Managing Hospitals using Accreditation Standards, Overview of Medical Records, Fund Raising.

Response from Participants

As one from the clinical background, we are given very little education during our time of study on what it takes to make a hospital run smoothly. This workshop helped to make most of it clear. It was a treat for the mind, a moment of pause to reflect on the inner workings of what really makes up a hospital and what we work to achieve. Apart from the various lessons in ethics, stock and material management, legal issues, costing, finance and IT, just to list a few, what stuck to me was the spiritual feeding that was consciously, intentionally and purposefully given at the start of each day. All in all, it was a wonderful experience of learning, refreshing and inspiration that we can carry with us as we develop ourselves in our personal lives as well as ourselves in the work- place.

Ms. Elsy John
Secretary

Administrators' Section

SUCCESS STORY



120 bed COVID hospital mostly through industrial CSR and involvement and guidance of IMA- Jalna and especially, Dr Christopher Moses, was inaugurated by State health minister Shri Rajesh Tope.

Hospital Disaster Preparedness Workshops

St Barnabas Hospital, Ranchi, February 6-7, 2020

The Doctors Section has been engaged in organising a series of workshop on Hospital Disaster Preparedness and Response with the purpose of achieving a satisfactory level of readiness to respond to any emergency. This is being achieved by strengthening the technical and managerial capacity of the hospital and the communities; to provide prompt and effective medical care to the maximum possible, in order to minimize morbidity and mortality resulting from any mass casualty incident (MCI).

Objective of the workshop

- To introduce the concept of Disaster Preparedness for Hospitals
- To demonstrate the use of tools to analyse and assess risk in the Hospital
- To guide the participants to

help prepare Hospital Disaster preparedness and emergency response plan and Standard Operating procedures (SOPS)

The workshop is conducted in a hospital, where all the tools of the module are implemented and demonstrated practically and couple of hospitals in and around are invited be part of the implementation. So that they get an opportunity to see the implementation of disaster preparedness first hand.

The workshop aims to trained healthcare professionals and institutions to respond to any natural or man-made calamities through consultative meetings, group work activities and discussions with experts.

The workshop included the following modules which were covered in two days:

- Awareness and Sensitization – Hospital Disaster Preparedness

- Disaster Profile
- Hazard Vulnerability & Risk Assessment
- Disaster Management Team Formations
- Evacuation Plan
- Training in Fire Safety
- Training in First Aid

By agreeing to organise the workshop, the hospital demonstrated its willingness and commitment to move ahead in the direction of disaster prepared hospital. A point person is also appointed by the hospital for taking the initiative forward and for regular follow up with CMAI.

CMAI will be providing the training to the hospitals as part of its plan.

*Dr. Abhijeet Sangma
Secretary
Doctors' Section*

Medical Health Camp at Jhawda- Dangs District, Gujarat

CMAI Gujarat & Rajasthan region has conducted a Tribal Health Camp in the leadership of Dr. Deva Japa Ajith, Regional Secretary, Gujarat & Rajasthan Region on 14th Dec 2019 at Victor Memorial Trust Hospital, Javeda, Dangs District along with TNAI-Gujarat. and SHALBY Multi-Specialty Hospital, Surat, Gujarat.

Aim of the camp:

To achieve health and to bring awareness among the tribal population of state, majority of them are farmers and agricultural labourers are not aware of advanced medical treatments and are



silent sufferers of ill health. This is true in case of diseases related to opthal, skin infection, heart, kidney, brain, cancer and injuries due to various factors.

Provided free medical care and referred the patients to Government and Corporate Network Hospitals under Maa Yojana and Ayushman Bharath for secondary and tertiary care centers.

We are thankful to Mr. Iqbal Kadiwala & Mr. Kiran Domadia and the whole team of Trained Nurses Association of India-Gujarat for their support and for sponsoring medicines. SHALBY Multi-Specialty Hospital Surat also partnered in this camp with 9 specialists doctors' team

Continued on page... 6

Workshops and Consultations

One day workshop was held for the Alcoholic Anonymous (AA) at Mongsenyimti Baptist Church on 9th February 2020. Resource person, Mr. Imlisunep spoke on 'Real Sobriety and Spirituality' while Mr. Nugsangmanen gave a presentation on 'Relapse Prevention Plan.' A separate session for the spouses and family members of the AA were also held where various ideas and experiences were shared by the resource persons. A total number of 71 persons participated. The outcome of the workshop was AA groups to meet regularly to encourage each other and the spouses were taught how to deal with husbands and sons who are recovering from alcohol.

Consultation on "Rethinking Feminist Theology in South Asian Contemporary Context" was held on 9th-12th February 2020 at SATHRI, Serampore College, West Bengal in collaboration with SATHRI. The participants were from India and Nepal. Sessions on 'Asian Women Doing Theology – Past, Present and Future Challenges,' 'Women in Leadership Role in Church and Society,' led by discussions on pertinent existing socio-cultural issues. The result of the consultation was to start an independent forum called "Forum of Indian Women Theologians" (FIWT).

*Dr. Abhijeet Sangma
Secretary
Doctors' Section*

Letter to Mission Hospitals

Dear friends,

I gathered these flowers, from our garden and placed them in a vase a little while ago, to present it to all of you, whom I write this letter.



These flowers survived the heat of 37 degree Celsius for two consecutive days. The flowers are drooping following the heat, but still fragrant and colourful. Let me begin my letter with this belief that, amidst the intensity of pressure due to COVID 19 pandemic, all of you who live, work and lead the different Christian Hospitals in India are an aroma and hope for the communities you serve.

I have been in touch with some of you recently to bring greetings from Anna and myself. Thank you for your replies. From what you wrote there is an anxiety about how the next few months would turn out for the mission hospitals. With the income having gone down and many mission hospitals not having enough reserve, the payment of salary would be difficult from now on. With people displaced from their work and sources of income badly hit, they would find it difficult to pay hospital bills, when they fall sick. You would

want to offer them utmost help at a time such as this, when they are in desperate need. It is not the well to do who often come to your hospitals, but those who live in the margins of the society. The hospital staff depend on the hospital income and might not have any other source of income. Some of the hospitals might be able to manage a few months, but not indefinitely. The present indication is that even after the first wave of infection is brought under control, there might be another wave in the winter months.

At this time of such an intense dilemma and challenge about meeting the existential needs, Anna and I want to remember you in our thoughts and carry you in our hearts. We pray that you would feel the nearness of God and find in Him strength and grace to act thoughtfully and discerningly.

Let the fragrant and colourful flowers in the vase above, bring to you a message of endurance and resilience, even when it is made to suffer the scorching heat of the day! With regards and good wishes,

*Dr. M.C.Mathew
Ex- President of CMAI*

Dear friends

Greetings from Chennai . We are doing well by the grace of God though we are still under the lock down period.

How are you and your family? I trust and believe that God is with you and protecting you .

We have completed the 2nd lock down and moved into the extended period of another 2 weeks .

Many of you and your section members would be working in hospitals in one way or the other. You are fighting the Corona Virus even after knowing the risks involved , to save the lives of people who are affected by Covid 19. You are working round the clock without any break. Some of you do not have time to even look after the family.

We appreciate your sacrifice, commitment and determination to fight this virus.

Dr. Priya and the team are actively keeping in touch with our member institutions and like minded organisations in taking necessary steps as part of the National organisation in supplementing and complementing the initiatives of the government in combating the Covid19.

Please be assured of our prayers for you and your family for His protection, Provision, and Blessings.

God will bless the labour of your hands. Through your efforts Many lives will be saved . God Bless.

*Dr. Jeyakumar Daniel
President - CMAI. (Mob: 9566222260)*

CHAPLAINS' SECTION

Leadership Training For Church Leaders - “Equip To Lead”

The leadership training held at Mahur was jointly organized by CMAI and Zeme Baptist Association on 17th-18th March 2020 at Hewangberam Church, Mahur, Assam. 69 pastors, women leaders and youths participated in the workshop from 18 local churches. Mr. Immanuel L. Faihriem. Advocate, Rev. Asenba Imsong and Ms. Imtimenla Aier were the resource persons.

Topics covered were Servant Leadership, Right to Freedom of Religion, Right to Information Act and qualities of a good leader. The leaders were inspired to do better in their ministry as they were taught to implement these Laws as and when necessary. Along with the church



leaders training, two sessions for youth were conducted led by Ms. Imtimenla Aier on Career Guidance and Health Education. The contribution of Mr. Jamlanmang Kilong, North East Regional Facilitator towards the success of the program is appreciated. The feedback from the participants were positive as it was the first time for them to have such kind of leadership training in their area.

Feedback from the participants:

“I am truly glad to be here. I learned about right to freedom of religion and RTI which is a new concept for me” – Sam Hanheu, Evangelist

“We would like to praise God and give special thanks to CMAI from ZBA Assam unit. From this training, we came to

know about many things that we were not aware before. We learned about articles from Indian Constitution and Act on sexual harassment, which is very beneficial for us.” - Mr. Rangkam, Pastor

*Ms Imtimenla Aier
Secretary
Chaplains' Section*

Continuation from pg ...4



along with nurses and other health professionals.

Follow up of the camp:

13 patients undergone minor procedures at free of cost, 8 children are in follow up with the same paediatrician, one of the child gone for lip surgery and around 30 patients coming to the hospital for follow up and taken care under the CMAI camp banner.

*Rajesh Lal
Regional Facilitator
Gujarat & Rajasthan Region*

Healing Ministry Week Celebration

The theme for Healing Ministry Week 2020 is “Let us Consider...” taken from Hebrews 10:24-25. Healing Ministry Sunday was celebrated on the 9th and/or 16th of February, and CMAI Day of Prayer was held on the 12th of February to thank God for Healing Ministry.

The Week was celebrated in partnership with the National Council of Churches in India, the Catholic Health Association of India, and the Commission for

Healthcare Apostolate of the Catholic Bishops’ Conference. Materials were disseminated throughout all 13 regions, amongst all the member institutions of CMAI, as well as to mainline and independent churches, and individual members who were interested in celebrating Healing Ministry amongst their own fellowship groups.

We sent the bible study materials to 270 plus institutional members. The two Sundays concept during the celebration time was to help celebrate in more

churches with their schedule and convenience. CMAI staff preached on the healing ministry Sunday in different parts of the Country. CMAI acknowledge churches in India and institutions not only for observing the Week and praying for our healthcare professionals but also for your generous contribution towards healing ministry.

*Ms Imtinenla Aier
Secretary
Chaplains’ Section*

CSI Town Church Jammalmadugu, Kadapa Dist, AP

On the Account of Healing Ministry, The healing ministry Sunday service was conducted in CSI town Church, Jammalmadugu, Chittoor Dist, and AP.

The service was organized by CSI Campbell Hospital. Apart from the congregation, all the staffs and students of Campbell hospital participated in the healing service.

the service and participated in Choir, Bible Reading and in other areas. The Regional Facilitator of AP & Telangana has gave a short sermon on Healing Ministry and shared about CMAI activities.

Later, the main sermon was shared by Rev. Thomas Senior pastor of CSI town Church on Healing Ministry

Holy Trinity Church Rajamahendravaram, AP

Healing ministry Sunday was observed with enthusiasm at the Holy Trinity Church, Rajamahendravaram in the service. Dr. N.E.G. Philip presented the history, purpose, and work of CMAI. Pastor Rev. Deva Bushan Kumar also talked about the worth of CMAI work in his sermon Mr. Thamba John Bob Rathnam Chairman, Parish church council gave greetings and an offering. Appreciated the service of Mr. Vijayakumar, RF of AP & Telagana region, who has encouraged and provided the support to conduct Healing Ministry Sunday on 9th Feb 2020.



The CMAI healing ministry order of service was followed. Dr. Augustine Raju, Medical Director of CSI Campbell hospital has began the service with the opening Prayer. The hospital staff were fully involved in

Theme: Let us Consider... Heb 10: 24,25. Dr. Augustine, Rev. Thomas and other members of the Church thanked CMAI for great initiative on healing Ministry.

Lost Certificate

I, **D. Surekha**, have lost my original marksheet and certificate of GNM bearing No.- 12021. If anybody finds it, please give it to me or inform me at the given address: 2-37A, West Street, Rethinapuram Thidal-629851, Kanyakumari.

HEALING MINISTRY WEEK CELEBRATION

Arogyavaram Medical Centre, Madanapallee, AP



Every morning the Combined Service with all the staff and students was held in different locations of the Campus and in the evening the Staff and Students actively participated in different programs.

Healing Ministry Week was celebrated in Arogyavaram Medical Centre from 9th to 16th February 2020. It was indeed a meaningful celebration reflecting Ministry of Christ through various programs and activities.

The participants were enriched with meaningful personal prayers. We thank and praise God for the wonderful celebrations of the Healing Ministry Week at Arogyavaram Medical Centre.

North East Region



On 9th February 2020 Satribari Christian Hospital, Guwahati has Observed CMAI Healing Ministry Sunday with great enthusiasm and zeal.

The entire hospital participated wholeheartedly towards the success of this grand event. The triumph was possible by the relentless efforts of all staff & students from the School of nursing.

The theme for the Healing ministry week “LET US CONSIDER...” was presented meticulously by the Regional facilitator, Northeast CMAI.

The chaplain of the Satribari Christian Hospital lead whole congregation to the Mass prayer where they prayed for the sick and suffering people and made an exceptional contribution toward CMAI Healing ministry week.

On 12th February CMAI DAY OF PRAYER was Observed and special Prayer also conducted for CMAI in social forum, Kharguli Guwahati during the 4th CMAI SEED. The entire CMAI healing Ministry week was a Blessed week for the region with many new churches observed it for the first time.

Congratulations!



Dr. Rajeev Joy Nathan has been designated as the New Medical Superintendent of The Leprosy Mission, Shahdara. Worked in mission hospitals for the past 26 years. He joined TLM in 2005 as Medical Officer in Delhi. In 2014, TLMTI promoted him to the post of Deputy Superintendent.

North West Region

On the account of healing ministry week – Christian Medical College and Hospital, Ludhiana (Punjab) observed the entire week. Director - Dr. William Bhatti, encouraged the Chaplaincy department for taking the lead in observing the HMW. The fellowship department organized morning Chapel service from 9-15 February 2020 at the hospital chapel where the hospital staff and students attended the service which was led by each section and Students. We are thankful to Mr. Jairus Wilson (AHP), Mrs. Reena Jairus (Administrator), Dr. Ajay (Doctors), Mrs. Gladis S. Kumar (Nursing), Rev. C. Samuel (Chaplaincy), Ms. Ashima (Student).

On 16th February 2020, Healing Ministry Week was celebrated where students and CMAI members of the local unit were also part of the congregation.

We are also grateful to all the Churches of Delhi who very enthusiastically observed the Healing Ministry Sunday. They are St. Martins Church, Calvary – CNI church, Evangelical Church of India, New Life – House of Prayer Church.

NURSES' LEAGUE

Dear friends,

The whole world is passing through a very difficult time. Everywhere mass quarantine, travel restrictions, national lockdown and so on. Fear and anxiety has gripped the humankind. But we as children of the Living God have hope in all situations. We need not fear anything that occurs, because in everything—even in pestilence and disaster our God is in control (Amos 3:6).

In my last letter I had mentioned about two fellowship courses which we were planning to start through our boards. The preparation for the development of curriculum has already been started but the committee could not meet again due to the lockdown and travel restrictions.

Meanwhile both the Nursing boards of CMAI held their Executive Committee and General Body meeting. At this juncture of phasing out of GNM program, the future of the nursing boards was widely discussed. Many of the recommendations from these meetings could not be taken forward because of the crisis.

Please pray for God's wisdom and guidance so that our boards will be able to contribute to the building of quality nurses for our country.

The nurse mentoring project is going on successfully. This New Year CMAI has been invited to take up the responsibility of comprehensive training part of the project too. A

total of 110 nurse mentors have been deployed in the 38 districts of Bihar.

Next batch of Ward Manager's training program will commence as soon as ensuing COVID 19 issues settle. Meanwhile please check CMAI website for the regular webinars which we organise for the nurses in collaboration with College of Nursing, CMC Vellore.

Hope all of you have geared up to face the adverse situation. You are being constantly remembered in our daily prayers.

*Ms Jancy Johnson
Secretary
Nurses' League Section*

Workshop on Mental Health at NE Region

Nurses League had organized a conference for nurses in North East Region on the 19th February 2020 on the theme, "Mental Health in a Changing World". This conference was supported by the CMAI Nurses League, New Delhi and was also accredited by the Meghalaya Nursing Council for 6 credit points. 205 Nurses from different institutions participated in the workshop. The topics were:-

- Emerging mental health issues
- Substance Abuse in adolescents
- Depression: Overcoming Stigma:
- Stress Management
- Suicide Prevention
- Promotion of Mental health in the Work Place

The conference had experts in the field of Psychiatry and Psychiatric Nursing as resource persons.

1. Dr. Sandi Syiem, MD (Psychiatry), Director San-Ker, Shillong

2. Dr Ediiie Mukhim, MD (Psychiatry), Consultant Psychiatrist, San-Ker, Shillong
3. Mrs. Bindu Shaiju, MSc (N) Psychiatric Nursing, Associate Professor Rqfaida College of Nursing, Jamia Hamdard University, New Delhi
4. Ms. Marbakornylla Synnah, MSc (N) Psychiatric Nursing, Assistant Nursing Superintendent, Dr. H. Gordon Roberts Hospital, Shillong

During the closing program, the Regional facilitator of CMAI North East Region, Mr. J. Kilong, gave a presentation about the various facets of CMAI and the membership to CMAI. Five people took membership on that day and several others had taken membership forms.

*Ms Jancy Johnson
Secretary
Nurses' League Section*

KUDOS!!



CMAI congratulates Mrs Bindu Lukose for receiving Oscars of Health Care, Six Sigma Star health care Excellence award for Best hospital Nursing administrator of the year- 2019.

Mrs Bindu Lukose is a life member of Nurses League of CMAI. She is an alumnus of 1993-96 batch of the Nursing school of St Stephen's Hospital, Delhi. She is currently working as the Nursing Director of Shree Aggarsain International Hospital, New Delhi.

Regional Meetings

ANDHRA PRADESH/TELANGANA



The Regional Meeting of Andhra Pradesh and Telangana region was held on 21st February 2020 at Emmanuel General Hospital.

The meeting was attended by Bishop. K. Jeevan Roy - Regional secretary, Dr Stanny - Doctors Section, Mrs Elsy John, Mr Vijaykumar - RF

Main topics of discussion were

- Christian healthcare professionals' network within the region to meet

the need of Resources in Mission Hospitals.

- Train staff with hospital software on Pharmacy, Laboratory to work with the mission hospitals and to get connected to industry corporates with mission hospitals of the regions
- Connecting with all Bishops to reach all churches and to share CMAI activity to the congregations and raise funds.

- Conduct medical camps in Churches.
- Starting Skill development courses of local Government in the member institutions.
- Encourage all MI to adopt local government policies of health.
- All Healthcare professionals in Mission Hospitals need training in the field of communication, professional skills, healing ministry, ward management, etc.
- Workshops/seminars need to be conducted in different regions/districts.
- Tentative plans for City forum meeting, soft skills workshops, and SEED for the AP & Telangana region in 2020 were also discussed.

*Ms. Elsy John
Secretary
Administrators' Section*

Regional Conference

WEST BENGAL

The West Bengal Regional Conference of CMAI was held on 25th January 2020 in Mission of Mercy Hospital, Kolkata. It was a one-day conference and was split into several activities including the Business Sessions.

The conference began with a word of Prayer by Rev. Philip Bari. Before starting the sessions, the Pastor Abhijit Shome felicitated the guests and thereafter Mr. Sanjay Prasad (Executive Director of Mission of Mercy Hospital Kolkata), welcomed the participants and introduced few guest from abroad.

Soon after the felicitation, the nursing students of Mission of Mercy led the

worship and after that, the guest speaker Rev. Mathew Daniel shared the sermon from the theme "Who Touched Me?"

After the sermon, Mr. Prasad gave a brief introduction of CMAI and encouraged everyone to be part of it and grow together in the health sector and strengthen the region. He mentioned about supporting each other and moving forward.

To make the conference more exciting & meaningful, the participants from Mission of Mercy, Khristiya Seva Niketan & Premanand Leprosy Mission performed cultural events.

Mr. Gabriel James (RF CMAI) gave a presentation on CMAI and its benefits

and Dr Abhijeet Sangma (Doctor Section Secretary, CMAI) helped him in clarifying the queries of the participants related to CMAI.

After the presentation was over, the Business Session started and the participants were asked to elect the secretary for the respective section of CMAI. Respecting to the decisions of all the participants the section head for the West Bengal region were elected and then the dedication of newly elected members of the region was done.

*Dr Abhijeet Sangma
Secretary
Doctors' Section*

Ethical Challenges Haunt Medical Profession

Being sensitive to follow the Hippocratic oath is a big challenge in modern medical practice. This is particularly important to its three most essential principles: the sanctity of life, the privacy of patients, and the “do no harm” command. These points are increasingly subverted, ignored, altered, and reinterpreted.

Dr Ashita Singh, Physician at Chinchpada Christian Hospital, Navapur, was explaining the topic of medical ethics at the CMAI Regional Forum for Maharashtra titled ‘Christian Health Professionals Get-together’ on 23rd February 2020 in Navi Mumbai. Participants (46) comprised health professionals representing government, private and mission hospitals.

The Hippocratic ethics do not tally any more with the realities of modern society. Doctors and society must get to grips with the ethical consequences of the medical revolution. Dr. Singh, shared briefly on the importance of practicing Ethics which include, morals, intrinsic values and justice

when we deal with peoples’ lives. She narrated examples of real life stories to relate to scenarios critical in healthcare. The participants could approach her individually with questions on Bio-Ethics.

The evening get-together started with a prayer by Dr. Pearl John, Healthcare Consultant, followed by praise and worship by Ms. Priyadarshini John, Regional Secretary for Maharashtra along with students from Bel-Air college of Nursing. The participants mingled well and sat in groups during dinner to know one another and share about their respective institutions.

Dr. Nitin Joseph, Chairperson of Doctors Section & Chief Executive Officer, N.M. Wadia Hospital, Pune led the devotion. He urged that Christian Health professionals not be governed by Medical Council of India or Indian Nursing Council but by the Word of God. When we arrive at crossroads where undeserving incentives entice us, we need to pause, think and hear what the Lord says. He referred Philippians

4:8 while closing. (...whatever is true, noble, right, pure, lovely, admirable--excellent or praiseworthy--think about such things.)

Ms. Indira K, Manager-Development & Special Projects presented CMAI with the aid of a slide presentation and motivated participants to become CMAI individual members. She also encouraged participants to organize such gatherings at regular intervals and assured CMAI’s support in providing resource persons and guidance. Ms. Indira prioritized the importance of Christians coming together to share concerns, success stories, discuss legal implications and many other aspects in healthcare.

Ms. Sangeeta Sane, CMAI Regional Sectional Secretary of Nurses League and Principal, Government Nursing College, Akola, Maharashtra closed the event with a word of prayer in Marathi. The participants had a close interaction and many became members. CMAI publications and wall planners were distributed.

Regional Facilitators



Rohan Das, RF -Madhya Pradesh & Chhattisgarh is based in Bhilai, Chhattisgarh he has a positive attitude-creating a positive work environment, learning agility and Interested in learning new things, travelling to a new destination. He has completed his B.Com in 2018 and pursuing his studies in M.Com (Pvt.) from Hemchand Yadav Vishwavidyalaya, Bhilai, Chhattisgarh. His hobbies is Playing guitar and Singing.



Mr. Soumya Ranjan Nag - Maharashtra and Goa is based in Mumbai, is a society development enthusiast. Always ready to learn new things, energetic and multi tasking young professional. He enjoys Cricket, photography, and travelling. And hence have different perspective of looking at things. As far as conventional education is concerned he has completed his masters in social work from Pune University. He believes in the vision and mission of CMAI and joined the workforce as regional facilitator with the aim of providing better Healthcare facilities for everyone.



Rajesh Lal – Gujarat & Rajasthan is based in New Delhi is the man who takes and expect any challenging work in life. He has always kept an open mind to learn and develop his skills and continually learn about the latest processes in the organisation. He has completed his MA in Rural Development and has been with CMAI for more than 20 years. He has worked with different departments; he is currently working in Community Health Department and is involved in all its activities including coordinating the work and report of the Regional Facilitators of CMAI. Additionally, he is taking charge of Gujarat and Rajasthan region.

Patna Post Flood Interventions



CMAI along with Gospel Echoing Missionary Society hospital, Kurji Holy Family hospital, Evangelical Church of India, and Assembly of God, Patna distributed dry ration to 675 families affected by flood. Also organized 4 medical camps among the affected people.

429 patients belonging to 7 most affected and poverty stricken villages were medically checked and medicine dispensed, 41 patients were referred to multi-specialty hospitals in Patna.

2 medical institutions, 2 local churches and CMAI came to-gather, collaborated their limited resources and formed a combined effective response to help the people in need.

*Yuhanna Pradhan
RF- Bihar & Jharkhand Region*

Seminar on Women's day

The only person who can save you is you: That was going to be the things that informed the rest of my life. Mrs. Sheryl Crow on being diagnosed with breast cancer.

Every woman in the country needs to be made aware of Breast cancer, Breast cancer ranks as the number one cancer among Indian females with rate as high as 25.8 per 100,000 women and mortality of 12.7 per 100,000 women, according to health ministry.*Livemint 01 Feb 2018, 02:18 AM.

One of the main reasons behind this is lack of awareness about Breast cancer. Christian Medical association of India, Karnataka Region is always on the forefront to bring the awareness and change in the society. As part of this year Women's day celebration CMAI had organised half a day seminar on 12th March 2020 at Bishop Cotton Women's Christian Law College, Bangalore, on the Topic "Be aware! Take care! Not Just one day, but every day". There were around 250 students who had participated, along with staff. Mrs. Leena, Principal

of Baptist nursing College helped in getting the right resource person to share with the students. The resource person Mrs. Sarah and Mrs. Flary staff of Baptist Nursing College handled the session every actively not only with lecture but with activities.



There was a pre-test questionnaire in which 30-40% of students were aware of breast cancer. In the post seminar questionnaire it was 90%- 95%. The seminar was an eye opener for many students as they were able to realize how important it is to have knowledge about it.

*Mr. Stanly Thomas J
RF- Karnataka*

Prof. Ratan Singh Award -2020



The Indian Association of Dermatologists, Venereologists & Leprologists (IADVL) is the national association of Indian medical specialists who manage patients with skin disorders, sexually transmitted infections (STIs) or leprosy awarded Prof. Dr. Ratan Singh award to Dr. Sujai Suneetha, Director, Nireekshana Acet, Hyderabad towards rendering their great services in Research and services in Sexual Transmitted Infections and in Leprosy.

Life for All

For Private circulation only



**Christian
Medical
Association of
India**

Published by

The General Secretary, CMAI
Plot No 2, A-3

Local Shopping Centre, Janakpuri
New Delhi - 110 058

Phone: (011) 2559 9991/2/3
cmai@cmai.org; Web: cmai.org

CMAI Bangalore Office

HVS Court, 3rd Floor
21 Cunningham Road
Bengaluru - 560 052

Phone: (080) 2220 5464, 2220 5837
cmaibr@cmai.org

Editor

Rev Dr Arul Dhas T.

Design and Production

Ms Lata Anthony

**Printer: T.M. BIJU
Mob: 9212266101**