

National Fellowship in Palliative Medicine

PROSPECTUS & APPLICATION FORM



**PAIN AND PALLIATIVE CARE
SOCIETY CALICUT, INDIA**



**CHRISTIAN MEDICAL
ASSOCIATION OF INDIA**

IMPORTANT DATES

- April 30** - Issue of Application forms and Prospectus
- May 31** - Last date for issue of application forms
- June 15** - Last date for submission of completed application forms
- June 20** - Declaration of selected candidates
- August 1** - Course commencement with the first common contact session

Introduction:

Palliative care is the active total care of patients whose disease is not responsive to curative treatment. The goal of palliative care is achievement of the best quality of life for patients and their families. Palliative care affirms life and regards dying as a normal process, neither hastens nor postpones death, provides relief from pain and other distressing symptoms, integrates the psychological and the spiritual aspects of care, offers a support system to help patients live as actively as possible until death, offers a support system to help the family cope during the patient's illness and in their own bereavement (World Health Organization, 1990)

Palliative medicine and nursing are integral parts of the 'wholistic care' rendered to those affected by any incurable disease or chronic debilitating or endstage medical disease including care of the elderly. Special knowledge and skills are needed to care for and treat these patients because they have special needs.

The modern concept of Palliative Care was pioneered as a movement in the UK by Dame Cecily Saunders, which then spread to many other parts of the world. In India, this is a specialty still in its infancy and most doctors and medical students are not familiar with the principles and practice of this discipline. Much more needs to be done to make palliative care widely and easily available.

This Fellowship programme will help to build capacity of healthcare professionals and institutions and equip them to render much-needed palliative care services to the people of this country.

The CMAI - IPM Fellowship Programme:

Aims

- To give training to doctors so that they receive the knowledge and professional skills to render palliative care services.
- To give new insights and perspectives and positively influence their outlook towards the practice of Medicine i.e. from being medicine & doctor centric to person centric and being an equal partner in a team.

Eligibility Criteria

The applicants should hold an MBBS/BDS degree recognised by the Medical Council of India and have completed 1-year internship.

Student Intake

Twenty-five (25) students will be admitted to the programme every year.

Course Design

- ☑ The programme is expected to familiarise the candidates with the philosophy, principles and different models of delivery of palliative care, its relevance in our socio cultural scenario, issues in communicating with patients and relatives, ethical and legal issues, symptom management, basic nursing issues relevant to people with incurable and chronic illnesses and issues related to death.
- ☑ The programme is based on a distance education mode of one-year duration. However, students will have the option to complete the programme in two years time. The methodology will include course work modules, assignments, and theory classes at contact sessions and hands on clinical training.
- ☑ There will be 10 modules along with assignments that will need to be completed and sent to Institute of Palliative Medicine (IPM), Calicut for evaluation within a specified time.

Contact Sessions

There will be a total of 30 days of clinical placement for the programme. This is mandatory for the completion of the course. First one week will be at IPM, which is considered as the orientation programme and is usually held in second/third week of August. Then the candidate has to complete twenty clinical working days which need to be done in two different. The candidate is free to choose the centre and the period after discussion with the faculty concerned (A list of recognised institutions for clinical placement and the faculty in charge are given at the end). The last three contact days, which will be the examination days also will be at IPM

The candidate will be evaluated during the clinical placement by the faculty in charge (mentor). He/she has to complete a logbook during the clinical placement. The format for the evaluation during the clinical placement and the logbook will be given to the candidate during the first contact session

The cost of accommodation and food etc. at the training centres during the clinical posting/contact sessions/examination will be borne by the candidates

The candidate has to submit a duly completed project report on a topic relevant to palliative care

The final examination will be carried out at IPM, Calicut

Evaluation

Evaluation will be a Cumulative Grade Point Average (CGPA) system of evaluation based on evaluation of the assignments, logbook and the project report, performance during the clinical placement and the final examination. The details of the project work and final examination can be clarified at the time of first contact session at IPM.

Split up of evaluation

Assignments	-	30%
Clinical Postings	-	20%
Log Book	-	15%
Project work	-	10%
Final evaluation	-	25%

If the candidate is unable to score 50% in each of the category as shown in the split up, he/she will not be declared passes and can appear next time. In that case, the date of examination will be intimated to the candidate. He/She can appear directly for the examination without any additional fee.

The candidate will be allowed to carry forward the course fee for one year with the same registration fee.

Faculty

Experienced Palliative Care Consultants holding senior positions in Government, and Non-government institutions. A training committee with a convener has been set up for the preparation of teaching modules, assignments, and course material.

Important information

The FPM course now has APL (Accreditation for Prior Learning) by Cardiff University. Those who have done the FPM can join the Cardiff programme at the Diploma level (2nd year) and they will have to do an audit project in addition.

TRAINING CENTERS & COORDINATORS AT THE CENTERS

1. **Institute of Palliative Medicine (IPM), Calicut, Kerala**
Dr. Suresh Kumar (Director, IPM)/Dr. Rajashree
Pain & Palliative Care Clinic,
Medical College
Calicut, Kerala - 673008
E-mail - pain@vsnl.com, drsuresh.kumar@gmail.com
drrajisuresh@gmail.com
Ph.No - 0495-2351248, 2354897
09349113532 (Dr. Suresh)
09895260192 (Dr. Rajashree)
2. **Christian Medical College & Hospital, Vellore, Tamil Nadu**
Dr. Reena M George/Dr. Jenifer Jeba
Dept of Radiation Oncology & Palliative Care Unit
Christian Medical College
Vellore, Tamil Nadu - 632004
E-mail - reenamg@cmcvellore.ac.in, jenifermugesh@yahoo.com
Ph. No - 0416- 2222102, 2283159
3. **Bangalore Baptist Hospital, Bangalore, Karnataka**
Dr Ravi Livingstone
Head, Palliative Care Unit
Bangalore Baptist Hospital
Bellary Road, Hebbal
Bangalore, Karnataka - 560024
E-mail - baptisthospital73@gmail.com, ravilivingstine@yahoo.co.in
Ph. No - 080-23330321-234
4. **Tata Memorial Cancer Hospital, Mumbai, Maharashtra**
Dr. Mary Ann Muckaden
Professor, Radiation Oncology & Head, Palliative Care Unit
Tata Memorial Hospital, Mumbai
E-mail - muckaden@vsnl.net
Ph. No - 022-24146750, 24177148,25565316,
09820347802
5. **Jeevodaya Hospice, Chennai, Tamil Nadu**
Dr Manjula Krishnaswamy
Head of Palliative Care Unit
Jeevodaya Hospice
1/272, Kamaraj Road
Mathur, Manali PO
Chennai - 600 068, Tamil Nadu
Email - jeevodaya@vsnl.com, manjula6693@yahoo.com
Ph. No - 044 25555565, 09840366693
6. **CIPLA Cancer Palliative Care Center, Pune, Maharashtra**
Dr Priyadarshini Kulkarni
Head, Palliative Care Unit
CIPLA Cancer Palliative Care Center
Survey No.118/1, Warje
Mumbai-Bangalore Highway By Pass
Pune - 411052
E-mail - ciplaedu@vsnl.com, priyadarshini.kulkarni@gmail.com
Ph. No - 020 - 25231130

FEES

Prospectus fees

Application form and information brochure is available from April 30 from Programme Coordinator, Fellowship In Palliative Medicine, Christian Medical Association of India, A-3, Plot No.2, Local Shopping Center, Janakpuri, New Delhi 110058, on submission of Demand Draft of Rs.100/- drawn in favour of 'Christian Medical Association of India' payable at New Delhi along with the complete postal details of the candidate.

Application fees

Application fee	Rs.200/-
Additional fee for Overseas candidate	Rs. 300/-

Course fees

The fee for the course is Rs. 30,000/- (Rupees Thirty Thousand Only) and should be paid by July 5. This covers the cost of learning materials, examination and assessment, and issue of certificate. The fee should be paid as a Demand Draft drawn in favour of 'Christian Medical Association of India' and payable at New Delhi. Candidates can also make requests, to make the payment in installments, which will be considered depending on their merit.

Contact session fees

Each contact session will have its local costs related to travel, boarding and lodging, local travel, additional hand outs, etc. These will have to be borne by the candidates, and will be intimated to the candidates directly by the centers.

Fee once paid will not be refunded, in case a student wishes to discontinue the programme.

Selection of Candidates

The selection will be done by a committee. Since the Fellowship programme has been designed to equip interested and committed candidates in the practice of Palliative Medicine, considerable weight will be given to the statement of purpose, the reference letter and other information supporting the applicant's interest and commitment. The list of selected candidates will be announced on June 30. All applicants will be intimated by e-mail and letter about whether their application is successful or not. The decision of the selection committee is final and no correspondence in this regard will be entertained once the results are declared.

Convener Training Committee

Dr. Suresh Kumar

Chairman, Institute of Palliative Medicine
Pain & Palliative Care Society,
Medical College PO
Calicut, Kerala - 673008
E-mail - pain@vsnl.com
Ph.No - 0495-2359157

Convener Management Committee

Dr. Stanley C Macaden

Palliative Care Consultant
National Coordinator - Palliative Care Programme of CMAI
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About IPM

The Institute of Palliative Medicine is the Training and Research arm of Pain and Palliative Care Society, which is the World Health Organization's Demonstration Project in Palliative Care for the Developing World. The organization is now supporting a wide network of 150 interlinked Palliative Care Centers in Kerala. The network is taking care of more than 10,000 patients at any point of time. Pain and Palliative Care Society has been running regular training and education programmes for almost a decade for healthcare professionals and volunteers. The courses for doctors and nurses are regularly attended by professionals from all of SouthEast Asia. For the last one-year, Pain and Palliative Care Society has been a partner to Edith Cowen University, Perth, Australia in running its Postgraduate Diploma Programme in Palliative Medicine. Institute of Palliative Medicine has facilities to accommodate and train more than 20 trainees at any time. The six-week Basic Certificate Course in Palliative Medicine (BCCPM) run by the organization is recognised by Edith Cowen University, Australia.

About CMAI

The Christian Medical Association of India, is a network of 330 healthcare institutions and over 6000 healthcare professionals across the country, CMAI has pioneered work in the areas of Family planning, T.B., Malaria, and HIV/AIDS, and has made significant contributions to the health and medical education in the country.

In Nursing, two of the three statutory, All-India Nursing Examination Boards, (started in the early 1900's), recognised by the Indian Nursing Council are CMAI affiliated. In addition, 50 nursing schools from which over 1000 students graduate every year are accredited by CMAI. In Allied Health education, CMAI accredits high quality training in over 40 centres. It also offers a 3-year postgraduate Fellowship programme in Family Practice recognised by the Tirubhuvan University, Nepal. CMAI also conducts regular training programmes and workshops as continuing education and is continuously involved in evolving standards and guidelines for healthcare delivery. CMAI's institutional membership includes several medical colleges including the Christian Medical Colleges at Vellore and Ludhiana, tertiary and secondary care hospitals, and outstanding rural health and development programmes in all parts of the country.

CMAI has been involved in the area of Palliative Care since the early nineties. It has held series of workshops, supported by institutional visits, structured capacity building and an active mentoring process. This has resulted in various centers in Karnataka, Kerala, Madhya Pradesh and Tamil Nadu starting palliative care services, including the pioneering home care programme at the Bangalore Baptist Hospital in collaboration with the Wake Forest University Baptist Medical Center, USA. CMAI's focus is now on building and developing professionals in palliative care, by leveraging the strengths of its member institutions and affiliates both at national and international levels.

For further details please contact :

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COVER 4