



ISSUE 206 | January - March 2023

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Life for All

A Quarterly Newsletter of Christian Medical Association of India



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THEME 2023
**"BEING TO
WELLBEING"**
3 JOHN 1:2



The Healing Ministry theme for 2023 focuses on the Bible verse 3 John 2 "I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well." This verse and theme has given multiple insights into the understanding of well-being. It boils down to the fact that there is a choice. We can choose to stay where we are or we can choose to take a solid step towards improving. Physical well-being – a choice to eat right, sleep well and exercise ; Spiritual well-being – a choice to begin our day with scripture, seek the counsel of the Holy Spirit in all things and end the day with praise and worship; Social well-being – a choice to contribute to the larger masterpiece and see the best in ourselves and in everyone we interact with; Emotional well-being – a choice to be better versions of ourselves each day.

The story, in the Luke 17 of the Bible, about the ten individuals affected by the dreaded disease of Leprosy has a wonderful insight. All the 10 cried out to Jesus as he walked their way to have pity on them.

Jesus plainly told them to go to the priests and on the way, they were cleansed from Leprosy. Only one sees himself as healed (Verse 15) and comes back praising God in that same loud voice and prostrating to thank Jesus, clearly attributing this complete healing to Him alone. Jesus acknowledges his gratitude and says, "Rise and go; your faith has made you well."

The man was already cured or cleansed of his physical condition and restoration to a place in society. But Jesus clearly refers to his faith making him well. Why?

That act of gratitude, of humility, of reverence and worship was what made the difference from just being cleansed to complete well-being. Being to well-being.

One thing we miss in our thanksgiving is the act of worship. Coming back to Him, not just with a grateful heart but with a heart of worship. May we remember this one outcast in Luke 17 and prayerfully make the choice to move from being to well-being.



CHAT GPT AND THE FUTURE OF MEDICAL LABORATORY DIAGNOSTICS IN INDIA

~ Lyric Abraham | Allied Health Professionals Section

The future of medical laboratory diagnostics in India is promising, with the use of advanced technologies such as Chat GPT. Chat GPT can be used to analyze large datasets of patient information, including medical history, laboratory test results, and imaging studies, to help doctors diagnose and treat various diseases more accurately and efficiently.

One of the most significant benefits of using Chat GPT in medical laboratory diagnostics is its ability to identify patterns and correlations in data that may not be apparent to human analysts. This can help doctors identify early warning signs of diseases and develop personalized treatment plans for patients based on their unique medical history and risk factors. Chat GPT can also help improve the accuracy and efficiency of laboratory tests by analysing data in real time and providing instant feedback to laboratory technicians.

Another benefit of using Chat GPT in medical laboratory diagnostics is its ability to assist with data interpretation and decision-making.

Medical laboratory diagnostics generates vast amounts of data that can be overwhelming for doctors to analyze and interpret. Chat GPT can help doctors make sense of this data by providing personalized insights and recommendations based on the patient's medical history and laboratory test results.



Ability to identify patterns and correlations in data that may not be apparent to human analysts.

In conclusion, the future of medical laboratory diagnostics in India is bright, with the potential for advanced technologies like Chat GPT to improve the accuracy and efficiency of diagnoses and treatments.

However, it is crucial to ensure that patient data is protected and that the use of AI in medical laboratory diagnostics is transparent and ethical.

As technology advances, finding the right balance between innovation and patient safety in medical laboratory diagnostics will be important.

Note: For your kind information, the above article is prepared with the help of Chat GPT.

LOST MARKSHEET

I, **S.SATHYA**, I have honor to inform you that, I have appeared for Diploma in General Nursing and Midwifery in at School of Nursing, Church of South India Hospital, Bangalore, Karnataka in the year 2018-2021 and passed with second class, That the Board of Nursing Education, CMAI issued a Diploma Degree certificate, Course Completion Certificate, Provisional certificate, 1st year, 2nd year, 3rd year. Three Statement of Marks for each year in favour of me and My Reg. No.13682/18 and the same were misplaced by me on 18/05/2023 at New Bus Stand, Gudiyattam, Vellore District. If any kindhearted person finds it please contact G. SONUDARAJAN, No. 2/29, Mariyamman Kovil (st), Veppur Village & Veppur Post, Gudiyttam Taluk, Vellore District, Pin Code -635803.

FINANCIAL PLANNING AND MANAGEMENT FOR SUSTAINABILITY AND HIGH-QUALITY CARE

~ Elsy John | Administrators' Section

As the financial year comes to a close, it is important to take stock of your hospital's financial health and plan for the upcoming year. This is a critical time to review your hospital's financial performance over the past year, identify areas of improvement, and develop strategies to ensure financial sustainability moving forward.

One of the first steps in this process is to review your hospital's financial statements, including the balance sheet, income statement, and cash flow statement.

You should also conduct a thorough review of your hospital's billing and collections processes, to ensure that all charges have been accurately recorded and that payments have been received in a timely manner.

In addition to these financial considerations, it is also important to review your hospital's operational efficiency and productivity.

Finally, it is important to develop a realistic budget for the upcoming year, based on your hospital's financial performance and operational needs. By taking a proactive approach to financial planning and management, mission hospital administrators can ensure that their

hospitals remain financially sustainable and continue to provide high-quality care to their communities.

One Day workshop for Nurses on "Team Building & Management". Dates: 19th January 2023, Venue: CSI Campbell Hospital, Jammalamadugu, AP.



Review your hospital's operational efficiency and productivity.

NABH ACCREDITATION TRAINING / WORKSHOP
Dates: 7 & 8 February 2023
Venue: Mary Lott Lyles Hospital, Madanapalle, AP.
Resource Persons: Dr. Manju Chacko, Sr. Reena

CERTIFICATE COURSE ON MATERIALS MANAGEMENT IN HOSPITALS (Batch 4)

St. John's Medical College Christian Medical Association of India. The fee for the course is Rs.7,080/- including Online registration, application and fees payment can be done on www.stjohns.in. Last Date: The last date of application is 15th April, 2023. All correspondence to the Email ID: hod.mhachca@stjohns.in

Thank you for your prayers and please Continue to Pray for the Section and the forthcoming Activities. write to us for any suggestions, guidance, and support at administratorsection@cmai.org.

The Scoop is an attempt to update information about healthcare management and service excellence. We welcome your input such as relevant information, institutional developments, statutory impacts, photographs, etc.

Please feel free to contact ejohn@cmai.org or Whatsapp to 9741336277 for more details. Happy reading!



DR D W MATEGAONKAR *Sward* 2023

NOMINATIONS ARE INVITED FOR DR D W MATEGAONKAR AWARDS 2023

In 1990, CMAI instituted national awards to publicly recognise members who have made a significant contribution to the mission of the Church in India in the ministry of health, healing and wholeness.

The awards (up to 5 per year) shall be presented during the 47th Biennial Conference in November 2023. Members are requested to send suggestions/ nominations to the General Secretary, CMAI by 31st July 2023.

17TH DR JACOB CHANDY *Oration* 2023

6TH MS ALEY KURUVILLA *Oration* 2023

NOMINATIONS ARE INVITED FOR ORATIONS

17th Dr. Jacob Chandy Oration and 6th Ms. Aley Kuruvilla Oration 2019

CMAI instituted the Dr. Jacob Chandy Oration in 1990 and Ms Aley Kuruvilla Oration in 2013 which shall be presented during the 47th Biennial Conference in November 2023 by outstanding Indian/Overseas Christian leaders to challenge issues and show directions for the healing ministry.

CMAI invites suggestions from members for speakers to deliver these orations. Your suggestions must reach the General Secretary, CMAI by 31st July 2023.

HEALING MINISTRY CELEBRATIONS AND PROMOTION

~ Rev David Ebenezer | Chaplains' Section ~

I believe that you will find an accurate and informative summary of our key areas of the CMAI Chaplain Section to be both enlightening and of interest.

Healing Ministry Activities

The Posters and Bible studies of the Healing Ministry in English were circulated to Churches and CMAI Institutions and the regional language materials were available on the CMAI website to celebrate Healing Sunday on the 12th and on the 13th - 18th of February 2023 will be observed as Healing Ministry Week.

For the Healing Ministry 2023 promotion, I visited the following institutions and churches on 27th January - 2nd February 2023 - Mohulpahari Christian Hospital, St. Luke's Hospital, FMPB Snehalaya health centre, Prem Jyoti Christian Hospital, St. Barnabas Hospital, and briefly visited SDA hospital also.

Apart from the institutional visits, we also visited Bishop Rt. Revd Rajiw Satish Toppo of NWGEL church Ranchi along with Mr Yuhanna Pradhan, RCo - Bihar & Jharkhand Region. Later in the first week of February 2023. I met Rev Manuel Titus - Secretary of CSI Madras Diocese, Rt Rev Samuel Kennedy - Bishop of Arcot Lutheran Church, Rt Rev Dr Prasanna Kumar Samuel - CSI Bishop of Karnataka Central Diocese along with Dr Priya John, GS of CMAI, Rt Rev Dr Christian Samraj - Bishop of Tamil Evangelical Lutheran Church and Rt Rev Dr Dhanraj Chandrasekran - CSI Bishop of Trichy - Tanjore Diocese along with Mr Santhos Kumar, RCoS - Tamil Nadu & Puducherry.

The purpose of this visitation was: First, to review the issues if any and to build fellowship with Church and CMAI institutions. Second, to provide a step-by-step guide to planning, preparing, and holding a Healing Service in their respective Churches and institutions.

Webinar

As preparatory for the Healing Ministry week, Tamilnadu & Puducherry region organised a Webinar on 10th February 2023. Prof Jagannathan from Hindustan Bible Institute Principal - Online College was the resource person, and he presented the topic - Job: Holistic Healing through Multi-faceted Suffering.

Healing Ministry Week

The Healing Ministry Sunday Service has been observed on 12th February in many churches and CMAI institutions. In light of this ministry, CMAI staff celebrated Healing Ministry on 15th February 2023 and followed by chain prayer in the Delhi HQ office.

We also invited the CMAI retiree on 17th February 2023

to celebrate their past accomplishments as well as future endeavours with us. Through the region reports across the country, Healing Ministry 2023 was celebrated in various venues and will be celebrated according to the convenience of their churches.

Till now, we also received generous contributions from Individuals, CMAI Institutions, and Churches. I acknowledge my sincere thanks to all our staff for promoting the healing ministry in their regions and I



felt the Healing Ministry of CMAI is to glorify God by doing what He was sent to do for humanity.

Unity Octave of Prayer

I attended the Unity Octave of Prayer which was held on 18th – 25th January 2023 in different Churches in Delhi. This is to express the degree of communion which the churches have already reached and to pray together for that full unity which is Christ's will. The principle of Unity Octave is that interdenominational Christians should work together to develop closer relationships among their churches and promote Christian unity.

CPE Writers

We scheduled a virtual CPE Writers meeting on 03rd February 2023 with 18 CPE writers for their contributions and valuable suggestions to bring out a CPE resource book for trainers and trainees. All writers are accepted to submit their respective topics on or before 30th March 2023. We also had a review meeting in this regard on 23rd March 2023. The date of submitting is postponed for a while.

Seminars & Workshops

I was invited by the United Christian Prayer of India to attend the National Leader Consultation in Mumbai on 01st - 03rd March 2023. The objective of this consultation is to review the scriptural imperative on the role of the church to list out constraint obstacles on the Road map.

Then to create a broad-level road map to implement the roles of the church in the respective administrative area/diocese: selecting a workable number of local churches/parishes to create a model for the diocese.

Once again thank you all have raised the level and your guidance to the Chaplains section has certainly been exemplary. I reap the benefits from your ministering and could not have done it without your cooperation.

SEED PROGRAMME AT HERBERTPUR CHRISTIAN HOSPITAL, UTTARAKHAND

Young students today go through various stressors with changing socio-cultural environment, social media, decreased resilience and coping mechanisms. The SEED (Students Empowering and Enriching Directive) programme of CMAI aims to empower young students in our network with life skills that will enable them to live as good human beings in today's society. Students with leadership qualities are identified and followed up to mould them as good leaders.

CMAI has been conducting these programmes across India and has been receiving very good feedback from the students. One such programme was conducted at Herbertpur Christian Hospital for the Nursing Students on 20th and 21st March 2023. It was a 2-day program with lots of activities, fun and learning. Various sessions like Self Awareness, Self-Discipline and Time Management, Effective Communication, Emotional Intelligence, Vision for a Mission, Growth Mindset were taken. Dr. Viju John from the Institution, Mrs. Shimy Mathew and Rev. David Ebenezer from CMAI were the Resource Persons. There was a time for open discussion and students raised various queries regarding relationship issues.

Students expressed that these sessions were very useful for their personal and professional lives and they never had such sessions and discussions before.

ENSURING ACCESS TO HEALTHCARE FOR ALL: THE RAJASTHAN RIGHT TO HEALTH CARE ACT 2023

~ Abhijeet Sangma | Secretary Doctors Section ~

We have been hearing and reading a lot recently about the Rajasthan Right to Health Act 2023. Thousands of doctors are protesting against the recently passed law in the state and doctors from rest of the country are also joining for a nationwide agitation.

The right to health is a basic human right recognized by the United Nations and many countries around the world. It refers to the right of every person to the highest possible level of physical, mental and social well-being and health services and to the social, economic and environmental conditions necessary to achieve and maintain them.

We all know the definition of health according to the World Health Organization (WHO), Health is not only the absence of disease or disability, but a state of complete physical, mental, and social well-being. This includes the right to preventive, curative and restorative health services, as well as the right to safe and clean water, adequate nutrition and adequate housing and sanitation.

Ensuring the right to health requires a comprehensive and holistic approach that takes into account the social and economic factors underlying health and the provision of high-quality health services. The understanding of the right to health varies widely around the world and is influenced by many factors such as economic development, political stability, social policy and health systems.

Citizens of developed countries often have access to good quality health care, clean water and sanitation, and safe living conditions. They also have better access to education and health information that can help them make informed decisions about their health.

However, the right to health is often not fully realized in developing countries. Many people do not have access to basic health services such as vaccinations, preventive examinations, and treatment for common diseases. They may also lack clean water, proper sanitation, and safe living conditions, which can promote the spread of infectious diseases.



This bill mandates free and affordable medical services in hospitals, clinics, and laboratories

In addition, many people in developing countries may not have access to education or health information, which may limit their ability to make informed decisions about their health. The pandemic has highlighted the importance of addressing the underlying social and economic determinants of health, such as poverty, inequality, and lack of health services, in order to fully realize everyone's right to health.

The Rajasthan Right to Health Bill, 2022 is based on the Supreme Court decision of 1996, according to which the right to life includes the right to health and the duty of state governments to provide health

services. The bill provides certain health-related rights to everyone in the state, including free treatment at public health facilities and prompt first aid. Ordinary residents have an additional right to free health services at clinical institutions and to transport and traffic insurance.

The Rajasthan Right to Health Bill, 2022 is first-of-a-kind legislation in India which mandates free and affordable medical services in hospitals, clinics, and laboratories — both public and private — giving every resident of the state the right to free emergency treatment including consultation, medication, diagnosis, first aid, referral transport and road traffic insurance. However, the bill does not specify whether the state will compensate private clinics for providing such free services which can have financial consequences.

Since the bill provides free health care services to state residents at all clinical facilities, which means that the poor who may not be able to afford health services can access them for free. The bill obliges the government to develop and institutionalize a health human resources policy to ensure the availability and fair distribution of workers in the health sector. This can help address the country's shortage of health workers and ensure access to health services for the poor.

The bill establishes district health care institutions that are responsible for the development, implementation, monitoring and development of high-quality health care and emergency response mechanisms related to public health. This can help ensure the availability and accessibility of health services to the poor of the state. The bill generally seeks to ensure the right to health and treatment for people living in the state and may be particularly beneficial to the poor who may not be able to access health care due to financial constraints.

Overall, the Bill seeks to provide the right to health and access to healthcare for people in the state, and this may be particularly beneficial for poor people who may otherwise not be able to access healthcare services due to financial constraints.

The enacted Right to Health Act of Rajasthan has become a subject of hot debate with many professional medical organizations and private health care providers opposing it but at the same time some renowned health activists are welcoming this legislation but at the time also draws attention to the potential and need for further improvements.

While the Act has several strengths, certain provisions require clarification or modifications to ensure optimal implementation that respects the rights of both patients and healthcare providers. To increase the acceptability of the Act, greater clarity is needed regarding the definition of emergency care, and reimbursement to private providers should be transparent, time-bound, and hassle-free. Moreover, the state should augment the health budget and establish accountability mechanisms for regulatory authorities to prevent the rise of an Inspector-Raj.

How should Mission hospitals react to such Acts, and what can be done to support the government's efforts to expand universal healthcare? Please share your experiences of promoting universal healthcare in your area of influence. May God bless you.

SUPPORT 47th BIENNIAL CONFERENCE

On this occasion we are publishing an exclusive Souvenir carrying articles by individuals and institutional members, greetings and advertisements from well-wishers.

We invite your invaluable support, by sponsoring an advertisement in the Souvenir, book Stalls and much more.

For more information, kindly visit <https://c-mai.org/47th-biennial-conference-2023-support>

Send an e-mail to: The Souvenir Committee at <admin-@cmai.org>. To contact us please use the Conference helpline: 9599705959 / 9599705960.

The last date is 31st October 2023.

47th Biennial Conference
21-23 NOVEMBER 2023
XAVIER INSTITUTE OF DEVELOPMENT ACTION AND STUDIES (XIDAS)
JABALPUR

SUPPORT BIENNIAL CONFERENCE

For more details on the 47th Biennial Conference, please visit www.cmai.org/47th-biennial-conference-2023-support

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Dear Friends,
CMAI's 47th Biennial Conference is scheduled for November 21-23, 2023, in Jabalpur, India. On this occasion we are publishing articles by individuals and institutional members, greetings and advertisements from well-wishers. On this occasion we are publishing articles by individuals and institutional members, greetings and advertisements from well-wishers.

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AWARENESS ON SUBSTANCE ABUSE FOR THE YOUTH

~ Shimy Mathew | Nurses League

A one-day workshop on Awareness on Substance Abuse for youth was conducted at Christian Hospital Berhampur premises on 25th March 2023. This was an initiative taken by the Chaplains section of the region and was organised by Christian Hospital Berhampur.

- Youth who are aware and refrain from substance abuse and take social responsibility to control substance abuse in the society they live.
- Decrease in substance abuse in the society

The aim of this workshop was to create awareness among youth of the church congregations that includes college students, graduates, theological students, medical students, and those who have interest in changing themselves and helping others in the society.

Today the youth and the school children are addicted to liquor, drugs, smoking and various intoxicating substances such as capsules, corex, injection, marijuana, and Tobacco chewing. The State of Odisha is also no exception to it. There are so many reasons which lead to this situation. Lack of guidance, illiteracy, unemployment, ignorance, hereditary characteristics, easy availability of drugs and alcohol and social and cultural environment of the community are some of the main reasons that has led to this situation.

Due to this problem, there is rise of social evil like murder, suicide, robbery, theft, also there is high risk of spread of HIV/Aids.

The Objectives of this workshop were to :

- Build a strong relationship with the youth to gain confidence.
- Create awareness on substance abuse in the society.
- Encourage the church to play an active role in guiding the youth and stop them from substance abuse.



Lack of guidance, illiteracy, unemployment, easy availability of drugs are some of the main reasons

We had eminent Resource Persons for the Workshop. Mr. Bappa Mukherjee from Noida, Uttarpradesh who has a vast experience on suicide intervention, substance abuse, harm reduction, community mental health and many other social issues took sessions on "Why and When Young Minds opt for mood altering substances" and "Why & How to keep the mind stress free to resist temptations from mood altering substances".

Rev David Ebenezer, Secretary Chaplains Section of CMAI took a bible study on the topic with various illustrations and encouraged the participants to get actively engaged in creating awareness in the society.

The session on 'Community Response and Preparedness' by Mr. Chandrasekar Ray, a senior Social Worker from MITRA of Christian Hospital Bissamcuttack addressed on prevention of drug abuse, impact of drug abuse on the family, society and personal life, the steps to live a healthy and happy life and created an impact on the young minds with his vast knowledge and experience on addressing social issues.

Overall, the programme was an eyeopener for the 60 young people from 10 congregations who participated in the workshop. We hope they will take this initiative forward with their congregations and spread this awareness and identify people in need for follow up.



Dear Members and Readers,

Life for All (LFA), as a quarterly newsletter of CMAI is a great opportunity to connect directly with our membership. We put together news, highlights of events, reports from the field, a notice board of future activities, important announcements and regular columns by the Secretaries of 5 Sections of CMAI.

Being the Voice of CMAI: I encourage you to come forward and give feedback, ideas and views, in order to further share CMAI's vision and mission in action.

www.CMAI.org: We have uploaded the e-versions of LFA along with Christian Medical Journal of India and TearFund's magazine Footsteps. Kindly visit our website (www.cmai.org/publications.html) to view and download these publications of CMAI.

Write to us: As we continue to disseminate information on behalf of CMAI, connect with us via email (communication@cmai.org) to help our commitment to promote holistic healing to all.

Regards,

Christopher N Peter, Lead - Communication Department



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