

July-September 2023 | Issue 208

www.CMAI.org



# Life for All

A Quarterly Newsletter of Christian Medical Association of India





Our Lord knows what is best for us. His plans never disappoint. In fact, He goes before us. This is the assurance we have despite the challenges we face together as a healthcare sector.

At CMAI, we have concluded with excitement the regional conferences held across the country. The committees responsibly ensured that the specific needs of the regions were understood and met as the members from across sections met each other.

A kudos to each and every staff and regional committee who worked very hard to make each conference a blessing and a success. We have witnessed that the sessions and attendance by individuals was encouraging. The presence of our office bearers, general body members and partners like NCCI, EMFI etc. added a value which cannot be measured.

The North-East region saw institutions from nearly all states. This was a blessing and an incredible achievement.

Preparations for the Healing Ministry theme for the year 2024 are also in full swing. We are soon going to reveal the successfully and collectively recommended theme that centers around the word 'Peace'. It is a result of a fruitful exchange of ideas and insights by our healing ministry partners in NCCI, CHAI and CBCI.

In the month of November, the 47th Biennial Conference of CMAI is scheduled to be held at XIDAS, Jabalpur in Madhya Pradesh. We are looking forward to interacting with about 300+ participants and with speakers across various sessions, meetings an altogether a great time of learning and sharing.

I conclude this letter with a promise in our hearts that our Lord is working.

We will stand in awe of His greatness and will see our greatest hope in the sovereignty of God.

Thank you. ■



KNOW THE SECTION  
**NURSES LEAGUE**  
 ~ Shimy Mathew | Section Secretary ~



**When did you join CMAI?**

I joined CMAI in October 2012 as the Secretary of the Mid India Board of Education of NL of CMAI. Later, appointed as Section Secretary of the Nurses League in August 2021.

To know more on the section please visit, [www.cmai.org/nurses-league](http://www.cmai.org/nurses-league)

**Did you have exposure to Mission Hospitals before joining CMAI?**

Yes. I have studied and also worked at CMC Vellore. Followed by Christian Hospital Bissamcuttack in Odisha and for several months at BMCH Alipur as well.

**Were you involved in any CMAI activities during this period?**

Yes. I was Treasurer for the local unit of NL at CHB Odisha. Regional Nurses Sectional Secretary, Odisha Region for a term.

I was also on the Community Health Committee of CMAI for a term. Attended a Biennial Conference held at Shillong, Meghalaya and Regional Conferences in Odisha.

**What are the activities that you are focusing on presently as Nurses League of CMAI?**

Education and capacity building has been our strength as nurses league. Formal programs are done through the Boards of NL (MIBE and BNESIB). We also coordinate informal programs like short courses and webinars.

We have completed 7 batches of Ward Managers Training which empowers second-line leaders in clinical areas. The highlight of this training is a one-week exposure to CMC Vellore in their areas of choice. They learn best practices during their experience there. We recently coordinated a short course on 'Refresher Course on Palliative Care for Nursing Faculty'. More such courses are in the pipeline. Leadership and Mentorship program is another area that we are working on.

We hope to connect the young nurse leaders with senior nurse leaders who can guide and mentor them, especially in mission hospitals.

We will also have regular sessions on leadership skills. Networking with like-minded organizations and policy engagement through CCH are also amongst the ongoing activities.

**What are your plans for the forthcoming months?**

Skill building is another area that we are looking at for our nurses working in mission hospitals. We are exploring different models.

We are planning to utilize retired clinical experts. Membership Strengthening is another area we are looking into, updating our inactive members and reaching out to nurses working in the private and government sectors. Short Courses in collaboration with foreign universities is another project that we are working on, and we hope to start in the first quarter of the new year.

**What are the challenges you face in implementing various programs?**

Motivating nurses to join courses and programs from our mission hospitals is a big challenge. Investing in our staff for personal and professional development directly contributes to the organization. It is also the need of the hour to keep up to date with trends and developments in one's field of work.

**What is the recent activity you were part of? Please share.**

The CMAI Odisha Regional Conference at Christian Hospital Bissamcuttack. It was a very good time of meeting with all our members. The keynote address was well appreciated by the participants.

We also discussed about shaping a caring culture in organizations, retaining HR, the role of the church in substance abuse, an engaging group discussion and we had a senior member who spent his lifetime in missions share his journey with us.

Overall, it was a fruitful and refreshing experience. It was organized by our member institution so well and everyone enjoyed the fellowship. ■



# MEMBERSHIP DRIVE FOR THE AHP SECTION

~ Lyric Abraham | Allied Health Professionals Section ~

During the last Executive Meeting of the section, Membership Drive as a program was suggested by the members. AHP Vice Chairperson Mr. Paul Patric encouraged to initiate such a program exclusively for the Allied Health Professionals at Kanchipuram.

With the support of staff from CSI Hospital Kanchipuram we conducted the program at CSI Maclean Parish Hall, Kanchipuram. Around 153 participants attended the program from 7 institutions and a few individual allied health professionals working in government and private sector as well.

The Program began with CMAI Tamil Nadu AHP Sectional Secretary Mr Packiaraj welcoming the gathering along with previous AHP Chairperson Mr Soundar Rajan.

As a resource person Mr. Simpson Cornelius, from Asian Development Bank spoke about Professional, Social, and Spiritual growth in Being to Wellbeing.

Mr. Durai Jasper, PRO CMC Vellore took an interesting session on the Role of AHPs in the Healthcare System. Mr. Paul Patric and Mr. Abraham Mason shared their experiences and career journeys. They also shared how CMAI has added to their professional growth and offering pan-India exposure.



**CMAI adds to  
the Professional  
Growth and  
offers Pan-India  
Exposure.**

Members from the following institutions participated in the program; CSI Kalyani Multi Speciality Hospital, Chennai, Scudder Memorial Hospital, Rani-pet, Schieffelin Institute of Health Research & Leprosy Centre, Karigiri, CSI Hospital, Kanchipuram, CMC, Vellore, Annai Community College, Kanchipuram and Apollo Hospital,

Vanagaram, Chennai.

Overall, the program gave a promising success wherein 10 fresh AHP membership applications were received and positive feedback from the participants for such forthcoming membership drives. ■

# 35TH HEALTH CARE MANAGEMENT DEVELOPMENT PROGRAM

~ Elsy John | Administrators' Section ~

The **35th Health Care Management Development Program** at Vidyadeep CRI Brothers Institute in Bengaluru, was held from July 31st to August 11th, 2023, with 37 participants from 20 institutions.

The program covered 20 subjects, featuring 20 resource persons, including 7 prominent devotion speakers. The inaugural session included speeches by Dr Priya John and Dr Vikram Mathews.

The workshop concluded with certificate distribution and feedback. Visits to Bangalore Baptist Hospital and Manipal Hospital were insightful, facilitated by a school bus from St. John's Church.

The event fostered networking, and new memberships, and enriched participants' professional growth.

The workshop's success reflects a dedication to healthcare management advancement and collaborative learning.



**...fostering networking, & new memberships, and enriching participants' professional growth.**

## Future Plans of the Administrators Section

1. Staff training on Hospital Administration through distance education in collaboration with St. John's Hospital Administration Department.
2. NABH implementation session for additional hospitals.
3. Two-day workshop on Leadership Excellence.
4. Training and development programs for administrators, including leadership, project management, and quality improvement courses.
5. Launch a mentorship program for new administrators to learn from experienced professionals.
6. Advocacy for policies and practices that promote quality healthcare and professional development of administrators.
7. Fundraising initiatives to support programs and initiatives. ■

# SCHOOL HEALTH CHECK-UP

~ Abhijeet Sangma | Doctors Section ~

CMAI received a request from THE Mount Carmel School IN Delhi to conduct a comprehensive medical check-up for their students.

Mount Carmel School aims to prioritise the health and safety of their students by implementing regular medical check-ups.

The objective is to identify any potential health concerns at an early stage, provide necessary interventions, and foster a healthy learning environment.

With two senior schools and four junior schools, Mount Carmel has approximately 5000 students.

The requested medical check-up services include:

1. **General Health Assessments:** Thorough screenings to evaluate the overall health status of the students.
2. **Vision and Hearing Tests:** Assessments to identify any potential visual or auditory impairments that could impact learning or daily activities.

3. **Dental Examinations:** Check-ups to ensure oral health and identify any dental issues requiring treatment.

4. **Height and Weight Measurements:** Assessments to monitor growth and address any concerns related to nutrition and development.

5. **Issuance of Health Certificates:** Each student will receive a certificate containing their health information.

The Doctors Section has been actively involved in the planning, coordination, and allocation of resources and has developed the format for the health check-up that fulfils the school's requirements.

Additionally, the Doctors Section has prepared the cost estimation and defined the roles and responsibilities of each organization based on the specific needs.

Both parties have agreed upon the terms, and the health check-up will commence in the second week of July as planned. ■



**...providing necessary interventions, and foster a healthy learning environment for the next generation.**

# HEALING MINISTRY THEME 2024

~ Rev David Ebenezer | Chaplains' Section ~

A virtual meeting convened in the month of June 2023, featuring key participants from the Catholic Association of India (CHAI), the Catholic Bishops' Conference of India (CBCI), and the National Council of Churches in India (NCCI).

The primary agenda of this meeting was to deliberate on the theme for the upcoming Healing Week Ministry in 2024. At this significant discussion, there was Archbishop Felix Anthony Machado from CBCI, Rev Dr Abraham Mathew, the Executive Secretary of NCCI, as well as Dr Priya, the General Secretary of CMAI participated. Following a fruitful exchange of ideas and insights, we collectively recommended that the Christian Medical Association of India (CMAI) focus its efforts on addressing the challenges faced in Manipur.

It was proposed that the theme for Healing Week Ministry 2023 would centre around the concept of "Peace," drawing inspiration from the Bible verse Ephesians 2:14.

## A PRAYER FOR MANIPUR

CMAI extended an invitation on 10 July 2023 to numerous church leaders, organizational heads, CMAI members, and institutions to unite in solidarity for the challenges that have unfolded in the state of Manipur.

The event was a remarkable display of collective support, as we gathered to pray for the people of Manipur, demonstrating our commitment to their well-being. In a heartfelt ceremony that transcended linguistic barriers, we offered our prayers in various Indian regional languages.

This act of unity was not just an expression of our faith but a symbol of hope and resilience.

We believe that through this collective prayer, we invoke the divine intervention of God to bring forth peace and strength to the people of Manipur. ■



**...the theme for  
Healing Week  
Ministry would  
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concept of  
'Peace'...**

**Register Now**

**[www.cmai.org/47BC](http://www.cmai.org/47BC)**

# 4<sup>th</sup> Biennial Conference

**21-23 NOVEMBER 2023**  
**XAVIER INSTITUTE OF DEVELOPMENT**  
**ACTION AND STUDIES (XIDAS)**  
**JABALPUR**

4th Mile, Mandla - Jabalpur Rd, Tilhari, Madhya Pradesh 482021



Helpline 01: **9599705959**  
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Email: **info.conf@cmai.org**

*www.CMAI.org*

THEME 2023  
**"BEING TO WELLBEING"**  
3 JOHN 1:2

## Odisha Regional Conference

The Odisha Regional Conference on the theme 'Being to Wellbeing' took place over two days, on September 29-30, 2023 at Christian Hospital Bissamcuttack.

The conference commenced with opening devotion and anticipation as participants from diverse backgrounds gathered to explore the crucial theme of well-being.

The aim was to provide a platform for thoughtful discussions, exchange of ideas, business meeting, and the exploration of various dimensions of well-being. 85 participants registered and attended the conference.

Eminent resource persons; Dr. Arul Anketell as the keynote speaker, Mr. Victor Emmanuel spoke on "Understanding Caring Culture and its impact at the Workplace" and Advocate Vijay Jain took the Legal sessions. Apart from them, there were 5 guest speakers Dr. Abhijeet Sangma who spoke on "Role of Health Care Professionals during Disaster and Emergency Situations", Dr. Minal Nanda shared about "Life & Work in Missions" and for the panel discussion there were Dr. John C Oommen, Rev. Mrutyunjay Lohora and Rev. T S Sekhar Paul to share on the "Role of Church in Control of Substance Abuse". Overall, the 2 days regional conference was successful. ■



## West Bengal Regional Conference

The one-day regional conference of West Bengal region was held on 12th August 2023 serving as a unique platform that combined spiritual reflection, scientific exploration, and business meeting. The conference brought together healthcare professionals, leaders of Member Institutions of West Bengal, and CMAI staff to engage in a day of enriching sessions and meaningful interactions. There were a total of 56 participants who attended the conference. ■



## Karnataka Regional Conference

The conference was held on 2nd September 2023 at Vidya Deep CRI Brothers Institute, Bangalore from 9am to 4:30pm.

96 participants from 11 member institutes and 3 Non-member institutes joined the conference. Devotion was shared by Rt. Rev. Dr. Prasana Kumar Samuel, Bishop in KCD on theme "Being to wellbeing" 3 John 1:2. Key-note addressed by Dr. Thomas Ram, CMC Vel

lore. Future of CMAI was shared by Dr. Priya John and setting up mental health programs in the network covered by the TREDAs team. ADF session was covered by Adv. Robin Christopher.

A new Regional Committee was formed for the region. The conference once again gave opportunity for members to meet and refresh the network's strength. ■



## Pedagogy For Modern Educators

MIBE organised 5-day online workshop from 17th July to 21st July 2023 on "Pedagogy for Modern Educators" in association with Vigeo International. Mr. Davis Abraham was the resource person, total 114 participants registered for the workshop from both mission hospital and private institutes across India.

The following topics were from day 1 to 5:

- Day 1- Encouraging critical thinking
- Day 2- Higher order thinking
- Day 3- Experiential Learning
- Day 4- Intrinsic Motivation
- Day 5- Engaging A Live Classroom ■

## LOST MARKSHEET

I, **Sangita**, ANM first year roll number 1999-2000-167938, second year roll number 2000-2002-1671122 have lost the certificate. If any kindhearted person finds it please contact: Ms Sangita, House number - A-8, Aali Extension, Near Union Bank ATM, New Delhi - 110076 | Mobile: 9891077403.



Dear Members and Readers,

Life for All (LFA), as a quarterly newsletter of CMAI is a great opportunity to connect directly with our membership. We put together news, highlights of events, reports from the field, a notice board of future activities, important announcements and regular columns by the Secretaries of 5 Sections of CMAI.

**Being the Voice of CMAI:** I encourage you to come forward and give feedback, ideas and views, in order to further share CMAI's vision and mission in action.

We have uploaded the e-versions of LFA along with Christian Medical Journal of India and TearFund's magazine Footsteps. Kindly visit our website ([www.cmai.org/publications.html](http://www.cmai.org/publications.html)) to view and download these publications of CMAI.

**Write to us:** As we continue to disseminate information on behalf of CMAI, connect with us via email ([communication@cmai.org](mailto:communication@cmai.org)) to help our commitment to promote holistic healing to all.

Regards,

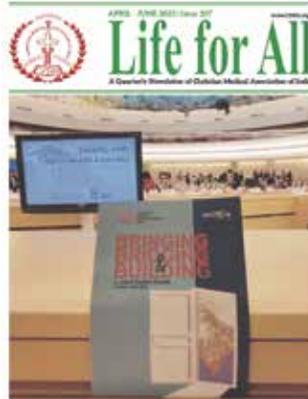
**Christopher N Peter - Communication Department**



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