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Life for All

A Quarterly Newsletter of Christian Medical Association of India



"... every training, webinar and conference is the heartbeat that keeps CMAI alive."



Dr Priya John

GENERAL SECRETARY
CMAI

Imagine CMAI as a living being and our members/membership as a living source within the body. In that case, every training, meeting, webinar, workshop and conference will be the heartbeat that keeps it alive. Therefore, activities and interaction with our membership across the regions become merely more than an activity. Yet again reminding us of the collective voice of our individual members and the mission hospitals as institutional membership, working with a common goal of healing.

But healing can't happen in isolation. The pastoral care seminars in Chennai and Gujarat showed us that ministry must care for people's emotional and spiritual pain—not just their physical illness. The Doctors Section webinar reminded us that helping people prepare before and after treatment (prehabilitation) is necessary for long-term healing, not just for cancer but all major health issues.

Administrators lead with a vision, Chaplains support a strong sense of purpose, Nurses show strength every day, Doctors weave a strong and caring system, Allied Health Professionals support

with and through each process. Together, we function as a living being.

By early July 2025, we would have established "CMAI Training & Research Institute Health Sciences" at Saduperi in Vellore, Tamil Nadu. Now, the challenge is to go beyond the building and institute a sense of purpose and care for the communities.

Lastly, as we prepare for the 48th Biennial Conference, let us focus to meet with a renewed ideas and share a culture of mutual growth. Let's aim to meet and help rebuild institutions that offer medical help, hope and transformation.

It is our hope our that our institutional members and individual members are actively following our updates and process of registration and bookings. Please reach out to us directly with an email to cmai@cmai.org

Bihar & Jharkhand Regional Conference



The Bihar & Jharkhand Regional Conference 2025 was held on 25th & 26th April 2025 at Navjyoti Niketan, Kurji, Patna, Bihar with total 70 participants. It aimed to bring Christian health professionals from the region for shared learning and spiritual growth.

The event facilitated the exchange of experiences and lessons learned among doctors, nurses, allied health professionals, administrators, and chaplains. Key sessions included the impact of AI in healthcare, lifestyle medicine & modification, leadership inspired by Jesus, corporate social responsibility for mission hospitals, and evidence-based practices to improve patient outcomes. A special devotional message on the theme "Inspire to Aspire - Empowered to Heal" reinforced CMAI's commitment to holistic healing, empowering attendees to align their professional and spiritual aspirations.

North-East Regional Conference



The North-East Regional Conference 2025 was held at Tura Christian Hospital & GBC Mission Compound in Tura, Meghalaya on 9th-10th May 2025. In total more than 85 participants attended representing 12 member institutions from across the region.

As the host, the TURA Christian Hospital staff lead the conference reminding of the golden days of medical missions in the region through songs and special choreography. Welcome Address by Mr. Johnson Singson, Regional Secretary was followed by an Inaugural address from Rev. Janang R Sangma, Former General Secretary, Garo Baptist Convention) on the "Role of Churches in Healing Ministry" opened the conference. Followed by panel discussions which provided a great insight into the sessions and participants sharing their queries and engaging with the resource persons and each other.



Madhya Pradesh & Chattisgarh Regional Conference

The MPCG Regional Conference was held at Chapel Hall of Dhamtari Christian Hospital, Chhattisgarh from 20th to 21st June 2025 where 182 delegates and students along with conference volunteers.

The conference of MPCG Region of CMAI was set to motion with devotional song by DCH and morning devotion by Rev. Ashish Milap followed by welcome address by Dr. Sandeep Patonda, Regional Secretary of MPCG Region and Keynote address by Chief Guest Rev. Udit Sona.

As resource persons during the 2-day conference, Dr. Manotosh Elkana, Prof. Sr. Caroline Joseph, Dr. Tushar K. Nayak and Mr Debasish Mandol from the region took technical sessions on Missional Mindset & Patient-friendly initiative, Nursing Care quality & Challenges, Hospital Marketing & Visibility of Mission Hospitals and Hospital Empanement and Cashless services, respectively. Member Institutions shared and presented about their hospital services alongwith cultural programmes.



Kerala Regional Conference 2025

The Kerala Regional Conference of CMAI was held on 23rd and 24th May 2025, drawing an enthusiastic participation of 220 members from 15 institutions across the region. The event was hosted with the objective of bringing together healthcare professionals, mission hospital representatives, and students to reflect, network, and chart the future course of mission healthcare in Kerala.

The conference commenced on 23rd May at 2:30 PM with a meaningful opening prayer by Rev. Zwingly Das, followed by the welcome address by Dr. Bennet Abraham. Ms. Rosy Marcel, the outgoing Regional Secretary, delivered the presidential address, and the ceremonial lamp lighting was conducted by the chief guest and dignitaries on the dais. The inaugural address was delivered by Mr. Jacob Punnoose IPS (Retd.), Principal Advisor, Pushpagiri Medical College. Dr. Priya John, General Secretary, CMAI, offered greetings on behalf of the national office. Felicitations were delivered by Rev. Dr. David Joy, and the vote of thanks was proposed by Ms. Limi Abraham. The session concluded with a closing prayer by Rev. Gladwin Mathew George.



THE ROLE OF GERIATRIC CARE AIDE IN THE COMMUNITY: A KERALA PERSPECTIVE

~ Mr Lyric Abraham | Allied Health Professionals Section ~



As India experiences a demographic shift with an increasing elderly population, the role of geriatric care aides—trained allied health professionals dedicated to the care of older adults—has become more crucial than ever. This is especially true in Kerala, a state that exemplifies both the strengths and challenges of an ageing society.

The Kerala Context: Youth Migration and the Ageing Crisis

Kerala, often praised for its high literacy rates and advanced healthcare indicators, is also witnessing a unique socio-demographic challenge. A significant portion of its educated and skilled youth are migrating abroad for better employment opportunities, particularly to the Gulf countries, Europe, and North America. This trend has left many elderly parents and grandparents alone, with minimal familial support and emotional companionship.

As the traditional joint family structure continues to erode, the elderly in Kerala increasingly face issues like:

- Social isolation
 - Chronic illness and disability
 - Mental health challenges such as depression and dementia
 - Lack of physical and emotional support for daily living
- It is in this context that geriatric care aides are emerging as essential front-line workers in community health-care.

A geriatric care aide is an allied health professional trained in providing physical, emotional, and social support to elderly individuals. Their role goes beyond basic caregiving to include:

- Monitoring vital signs and basic health parameters
- Assisting with personal hygiene and mobility
- Administering medications as per prescriptions

- Providing mental stimulation and companionship
- Educating families about elder care
- Referring seniors to relevant healthcare services when necessary

These professionals act as a bridge between the elderly and the broader healthcare system, ensuring continuity of care within community settings.

Why Kerala Needs More Geriatric Care Aides

1. **Rising Elderly Population:** According to Census data and state projections, over 16% of Kerala's population is above 60 years of age—a number that is steadily increasing.
2. **Nuclear Families and Migration:** With young adults moving abroad, there's an increasing number of "left-behind" elderly parents needing care, both physical and emotional.
3. **Shortage of Institutional Facilities:** While Kerala has a strong healthcare system, there are limited geriatric homes or long-term care facilities. Most seniors still live in their own homes.
4. **Cultural Preference for Home-Based Care:** Unlike in many Western countries, institutionalizing elders is often seen as undesirable in Indian culture. Geriatric aides enable dignified aging-in-place.
5. **Affordable and Scalable Solution:** Training local youth, especially women, to become geriatric care aides creates employment while addressing the care gap—a win-win for the community.

Community-Based Impact of Geriatric Care Aides

- **Empowering Families:** They educate families on elder care practices, including fall prevention, nutritional needs, and managing chronic conditions.
- **Reducing Hospital Admissions:** By providing early interventions at home, they can prevent unnecessary

hospital visits, thereby easing the burden on healthcare infrastructure.

- **Promoting Mental Health:** A trained aide can identify signs of depression or dementia early and connect seniors to appropriate care, reducing long-term suffering.
- **Fostering Social Inclusion:** By engaging elders in daily conversation, recreational activities, and local events, these aides combat loneliness and help keep seniors mentally active.

The Way Forward

CMAI can step into this huge area of need with the support of the member institutions as CMAI is a training partner with Healthcare Sector Skill Council we can train the youth from Kerala as well as from other states in geriatric care

- Incorporate geriatric care aide training into all the member institutions.
- Encourage Church – Member Institution partnerships to launch home-based eldercare services
- Church can play an important role in bridging the need versus demand ecosystem, they can identify the youth to be trained, and they can place the trained individuals in the needy homes.
- Promote awareness campaigns to elevate the status and dignity of eldercare professions

In Kerala's rapidly ageing society, geriatric care aides are not just support staff—they are community lifelines. By addressing the physical, emotional, and social needs of the elderly, they uphold a culture of respect for the aged, while also creating employment opportunities for the youth. As India strides into the future, this profession will play a pivotal role in shaping compassionate, sustainable, and inclusive communities.

We look forward to your thoughts and responses, please feel free to share it to lyricabraham@cmai.org

Lost Certificates

I, **Benadic Antony Beujin P**, completed General Nursing and Midwifery from The Salvation Army Catherine Booth Hospital School of Nursing in 2019-2023, have lost the original certificates. Kindly contact: 4/104, South Karayankuzhi, Suchindrum Post, Kanyakumari District. Ph: 7339453919.

I, **Abinaya P**, completed GNM from CSI Hospital Bangalore, batch 2017- 2020, misplaced original convocation certificate registration number 17547. Kindly contact: No.8 Bharathiyar Street, VTK Nagar, Katpadi, Vellore -632007.

BEYOND TREATMENT: WHY TRAINED CAREGIVERS ARE CRUCIAL FOR HOLISTIC HEALTH, NOT JUST CANCER

~ Dr Abhijeet Sangma | Doctors' Section ~



The recent webinar, "ReImagine Cancer Care: Holistic Prehabilitation," organised by the Doctors Section featured Dr Bertha Rathinam, who emphasised a critical need for a paradigm shift in healthcare. As Dr Bertha eloquently presented, we must move beyond a narrow focus on treating disease and embrace a holistic approach that addresses the physical, psychological, and social needs of individuals throughout their health journey.

While the webinar centred on cancer care, its core message resonates far beyond oncology: trained caregivers are essential for providing comprehensive, patient-centred care across multiple diseases.

The webinar highlighted the importance of prehabilitation, rehabilitation and perihabilitation, especially in cancer care. It showed that simple actions like asking

about psychological wellbeing can greatly improve the quality of life. These interventions are most effective when provided by trained caregivers, who can identify individual needs, offer appropriate support, and monitor progress.

While the webinar focused on cancer, the need for trained caregivers extends to a multitude of other conditions. Patients with diabetes, heart disease, chronic respiratory illnesses, and neurological disorders all require ongoing support to manage their conditions, adhere to treatment plans, and maintain their quality of life. Trained caregivers can play a vital role in providing education, emotional support, and practical assistance to these patients, helping them navigate the complexities of their illnesses and live as fully as possible. As Dr Priya John, General Secretary of CMAI rightly pointed out during the webinar, an integrated holistic foundation

is the need of the hour for all kind of illnesses.

However, the current healthcare system often falls short in providing adequate caregiver support. Medical professionals, while highly skilled in treating disease, often lack the time and resources to address the broader needs of patients and their families. This is particularly true in resource-constrained settings, where access to healthcare services is limited.

Therefore, it is imperative that we invest in training and supporting caregivers. This includes:

- Providing formal training programs: These programs should equip caregivers with the knowledge and skills to provide basic medical care, manage symptoms, offer emotional support, and navigate the healthcare system. The WHO Volunteer Palliative Care Provider Curriculum needs to be incorporated and contextualised.
- Creating support networks: Caregivers often face significant stress and burnout. Support networks can provide a space for them to share their experiences, receive emotional support, and access resources. As highlighted in the webinar, a support group is the

answer to many of the untold, unmet needs of cancer survivors.

- Recognising and valuing caregivers: Caregivers should be recognised and valued as integral members of the healthcare team. Their contributions should be acknowledged and compensated appropriately.

Dr Priya rightly acknowledged that Dr Bertha could have used her knowledge just for her own little circle, but she decided to make it big and spread the awareness, it is this idea of sharing that needs to be inculcated. We need this to become a mass movement.

The "ReImagine Cancer Care" webinar offered a compelling vision for the future of healthcare. By recognising the importance of trained caregivers and investing in their development, we can create a healthcare system that is truly patient-centred and focused on promoting holistic well-being for all. The time for this paradigm shift is now.

For those who missed the webinar, you can view the recording and learn more on YouTube at https://www.youtube.com/watch?v=OvkY_ZJeKgM

BUILDING COMPETENT LEADERS FOR MISSION HOSPITALS

- Ms Elsy John | Administrators' Section -

The Administrators Section of CMAI successfully conducted the 37th Healthcare Management Development Programme (HMDP) from June 2 to 13, 2025, at the Vidyadeep CRI Brothers Institute, Ulsoor Road, Bangalore. The two-week residential program brought together 42 participants from 14 healthcare institutions across India, aimed at equipping current and emerging leaders in mission hospitals with essential skills in leadership, administration, and governance.

The inaugural session was graced by His Grace Archbishop Peter Machado, who delivered a thought-provoking message. Worship and devotion were led by Dr. Aby and his team from Bangalore Baptist Hospital, followed by a warm welcome by Mr. Sunny Kuruvilla and a vote of thanks by Mrs. Elsy John, Secretary of the Administrators Section. Dr. Priya John, General Secre-

tary of CMAI, shared her encouraging words with the participants during the felicitation.

The first week of the program focused on foundational aspects of healthcare leadership. Participants engaged in sessions on leadership and strategy, finance and budgeting, HR legal aspects and people management, hospital administration, NABH quality standards, IT and legal compliance, and patient-centered care. These sessions were facilitated by a distinguished panel of experts from across the healthcare sector, including retired bureaucrats, hospital directors, legal professionals, and administrators. A hospital visit mid-week offered real-world exposure to hospital operations and management. The week concluded with a fellowship dinner that encouraged informal discussions and stronger networking among the participants. In the



second week, the focus shifted to advanced themes such as palliative care, strategic planning, sustainability in healthcare, ethical leadership, governance, and risk management. Experts led discussions on energy efficiency, legal risk, financial sustainability, and human resource development in low-resource settings, all tailored to the unique needs of mission hospitals. The valedictory session on June 13 featured Dr. Rajkumar from SDA Hospital as the Chief Guest, who led the final devotion and distributed certificates. Participants shared testimonies of their learning experiences and growth. The program concluded with a call to strengthen the CMAI network through institutional and individual memberships and by supporting CMAI publications and resources.

This year's HMDP once again reaffirmed the importance of strengthening mission healthcare leadership through continuous learning, collaboration, and spiritual grounding. The collective enthusiasm, deep engagement, and practical insights shared during the program reflected a shared commitment to serve with integrity and excellence in challenging contexts.

As the participants return to their institutions, they carry not only new skills and strategies but also a renewed sense of purpose to lead with faith, compassion, and competence. The Administrators Section of CMAI remains dedicated to walking alongside mission hospitals in building a strong and sustainable healthcare leadership for the future.

We are also happy to inform our members about the ongoing academic programs that continue to strength-

en mission hospital personnel. The Diploma in Hospital Administration (DHA)—a collaborative effort between CMC Vellore and CMAI—has entered its 7th year, with 25 participants registered for the 2025–2026 batch. This one-year diploma is helping to skill and upskill healthcare staff working in mission settings across the country. Another significant offering, the Diploma in Laws Applicable to Hospital Administration, has reached its 10th batch, once again with 25 participants registered for the current academic year. Additionally, registration is underway for the 3rd batch of the Certificate Course on Accounting in Hospitals, a one-month program offered in partnership with St. John's Medical College, Bangalore, and CMAI, designed to strengthen financial understanding and stewardship among mission hospital staff.

We also warmly invite all individual and institutional members to the forthcoming Biennial Conference of the CMAI, which will be held from 6th to 8th November 2025 in Kerala. This will be a time of renewal, inspiration, and learning, and we urge our members to register early and encourage others to join.

Let us continue to uphold each other in prayer and partnership as we work toward strengthening Christian healthcare in India.

NAVIGATING THE STORM: A GUIDE TO RESILIENCE IN TURBULENT TIMES

~ Ms Shimy Mathew | Nurses League ~



I am sure all our institutions had celebrated the International Nurses Day 2025. But I wonder how many of us read about the theme and disseminated to the nurses and students in our institutions. The managements and other team members in our institutions also need to understand the need to invest in nurses, their welfare and growth. I hope the summary below will help us understand the theme in a nutshell.

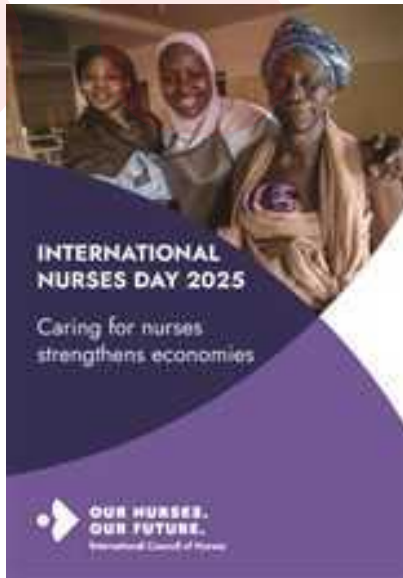
The official theme for International Nurses Day 2025 is "Our Nurses. Our Future. Caring for Nurses Strengthens Economies," according to the International Council of Nurses (ICN). This theme highlights the vital role of nurses' well-being in the strength and stability of healthcare systems and economies. This theme underscores the critical role a healthy nursing workforce plays in strengthening economies, improving health systems, and ensuring better outcomes for communi-

ties worldwide (ICN). According to Dr Pamela Cipriano, ICN President, on why the theme was chosen:

"For our 2025 IND theme we are highlighting the importance of supporting the health and wellbeing of nurses, who are vital to the functioning of health systems globally. Nurses face numerous challenges: physical, mental, emotional and ethical, and it is imperative that we address these challenges in a way that promotes their overall health. This theme provides an opportunity to bring actionable solutions to the forefront—solutions that can be implemented immediately to support nurses in their daily work and improve their long-term health. It reinforces the appeal from our Charter for Change calling for all organizations and governments to value, protect, respect and invest in our nurses for a sustainable future for nursing and health care. By prioritizing the wellbeing of nurses, we are

ensuring that they can continue to provide the high-quality care that is critical to the health of our communities.

Some Excerpts from the IND Report released on 12th May 2025



UNMET NEEDS AND UNACKNOWLEDGED STRUGGLES: CURRENT WORKFORCE CHALLENGES

The global nursing workforce is in the midst of an unprecedented crisis, one that has profound implications for public health systems, economies, and the future of health care. Nurses, essential to health care delivery, are increasingly facing insurmountable challenges that undermine their well-being and threaten their ability to provide high-quality care. Chronic understaffing, unsafe working conditions, and inadequate pay have led to widespread burnout, high attrition rates, and the migration of scarce skilled professionals to countries with less damaging work environments. These factors, combined with escalating demand for health care services driven by ageing populations and growing non-communicable diseases, have created a perfect storm that is pushing health systems to their limits.

The global health workforce crisis: A growing threat to health care and economies: The shortage of nurses is a pressing global issue, with current estimates suggesting a deficit of 5.9 million nurses. The Institute for Health Metrics and Evaluation predicts that, to meet global health care needs, health systems will require 30 million additional nurses. Despite awareness of this crisis, many countries rely on short-term solutions like

international recruitment and task-shifting to less skilled workers, which fail to address the root causes of nurse retention and recruitment, and in some cases are actually worsening the problem.

The impact of unsustainable conditions on nurse retention and recruitment:

The 2024 survey of 68 NNAs paints a stark picture: increased workload, limited capacity to meet demand and workforce exodus. The OECD/European Commission, 2024 highlights the severe challenges the nursing workforce faces, which are exacerbating the crisis. Key findings include job satisfaction crisis and declining interest in nursing career.

The growing threat to nurse safety:

Nurses face an escalating threat to their safety, particularly from workplace violence. Violence, coupled with burnout and chronic stress, is significantly undermining nurse retention and contributing to toxic organizational cultures. Despite the serious implications, responses to workplace violence remain insufficient at organizational, national, and global levels. 68.2% of respondents in the survey indicated that their country has policies to prevent violence against health care staff. However, a quarter of these respondents rated the effectiveness of these policies as 'poor' or 'very poor,' highlighting a critical gap in protecting the nursing workforce.

The current nurse workforce strategies are insufficient and inadequate: Despite the growing crisis, many countries are still relying on short-term, reactive strategies to address the nursing workforce challenges. The workforce plans tend to focus predominantly on increasing the supply of new nurses, often through reliance on immigration. While this may provide temporary relief, it does little to address the underlying issues such as workforce retention, career progression, and empowering nurses to work to their full scope of practice. As a result, these efforts fail to build a sustainable nursing workforce capable of meeting future health care demands. More concerning is that 64.2% of NNAs reported that their country's health care systems are struggling to provide a safe environment for patient care due to nursing shortages. This underscores the urgent need for comprehensive, long-term solutions that go beyond short-term fixes. Until these structural issues are properly addressed, current strategies will remain insufficient.

THE RETURN ON INVESTMENT FROM CARING FOR NURSES:

Addressing the nursing crisis requires long-term, sustainable strategies that invest in nurse well-being, recognizing its direct impact on both health care delivery and economic productivity. Neglecting nurse health leads to increased turnover, absenteeism, and errors, placing a substantial burden on national economies. Conversely, prioritizing nurse well-being yields significant returns through improved care quality, increased workforce retention, and stronger economic performance.

The negative financial impact of neglecting nurses' health:

Neglecting nurses' health has far-reaching consequences. Poor health among health care workers accounts for approximately 2% of total health care expenditure, draining valuable resources. These costs underscore the urgent need to address systemic challenges that undermine nurse well-being.

The economic case for nurse well-being:

Investing in the health and well-being of nurses is not just a moral imperative but also an economic one. Studies consistently show that every dollar invested in health systems can generate a \$2-\$4 return. For nurses, improving their health and resource allocation could boost productivity by as much as 20%, which directly translates into cost savings and improved health care delivery. With nurses representing 2.5% of the global workforce, their potential to drive health care system productivity – and by extension, economic growth – is immense.

Nurses as economic drivers:

Nurses are not only essential to health care delivery but also serve as key drivers of economic growth. Research shows that a 1% increase in nurse density correlates with a 0.02% increase in life expectancy. Each additional year of life expectancy contributes significantly to national economic prosperity, with a corresponding 2.4% increase in economic growth. Countries that prioritize universal health coverage (UHC) and invest in a well-supported nursing workforce see higher life expectancies and healthier populations, which directly enhance the economic productivity of their societies.

BUILDING A HEALTHIER FUTURE: COMPREHENSIVE SOLUTIONS FOR NURSE WELL-BEING

The solutions to the nursing workforce crisis are clear, proven, and urgent. The "Caring for Nurses Agenda", introduced by ICN, is a comprehensive, actionable model designed to protect and promote nurse well-being. The agenda focuses on seven critical areas where coordinated action can transform health care workplaces and safeguard the nursing workforce.

The time for action is now!

The need for action is urgent. Despite clear evidence of the nursing workforce crisis, health systems continue to underinvest in nurses' well-being. This neglect is not only a health care issue; it threatens the sustainability of global health systems and economies. The "Caring for Nurses Agenda" provides a clear, actionable framework to address this crisis. It is time to move beyond short-term solutions and implement long-term strategies that support and empower nurses. Investing in nurses is not just morally right – it is an economic imperative. The evidence is undeniable: the time to act is now. Let's ensure that nurses are supported and empowered to deliver high-quality care, shaping a healthier and more prosperous future for all.

Reference:

International Nurses Day 2025 - Caring for Nurses Strengthens economies, ICN retrieved from https://www.icn.ch/sites/default/files/2025-04/ICN_IND2025_report_EN_A4_FINAL_0.pdf

Announcement:

1. We have started an online bible study on Biblical Perspectives on Leadership. Leaders at any level can participate. It is usually the first Saturdays from 7 to 8 pm.. It is the same link every month. Please join and be blessed.

ZOOM Link to join the Bible study- <https://us06web.zoom.us/j/89198459046?pwd=bVECQENF3XX-7MARU2XBbKzWnxmPXbz.1>

Meeting ID: 891 9845 9046

Passcode: 748764

BRIDGING FAITH AND HEALING

~ Rev David Ebenezer | Chaplains' Section ~



The Chaplain Section conducted two pastoral care seminars in Chennai, Tamil Nadu, and Vyara, Gujarat. This was to deepen theological reflection and enhance practical pastoral skills, these sessions supported church leaders in their commitment to holistic and compassionate ministry.

The first seminar was held on April 25 at TELC Lutheran Adaikalanathar Church, Purasaiwakkam, Chennai. I facilitated a session titled "From Isolation to Inclusion: Biblical Leprosy and Modern Diabetes in Pastoral Perspective." Participants were invited to revisit biblical narratives of leprosy not merely as stories of illness, but as theological reflections on exclusion, social stigma, and divine healing. Drawing parallels with modern-day diabetes, we examined how chronic illnesses continue to impact identity, relationships, and one's place within faith communities.

The second seminar took place at Bless Fellowship Church, Chikhalada, Vyara, as part of the South Gujarat

Pastors Workshop on April 30 and May 1. I led sessions together with Rev Julius Christy and Rev Anita Christy, covering eight critical topics: Pastoral Psychology, Self-care for Spiritual Leaders, Family Counseling, Clinical Pastoral Skills, Palliative Care, Grief and Bereavement, Substance Abuse Counseling, and Pastoral Intervention in Crisis. These sessions provided a theological and psychological framework to calm, compassionate, and competent care during times of distress, loss, or trauma.

Pastors engaged actively, sharing personal insights, asking meaningful questions, and expressing gratitude for the opportunity to be equipped and spiritually renewed.

Together, these seminars affirmed that pastoral ministry involves not only proclamation but also shared presence with a healing touch, deep listening, and steadfast love in the face of human suffering.

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**CMAI's 48th Biennial Conference
6th-8th November 2025
in Kochi, Kerala**



Scan here...



www.CMAI.org/48BC.html

Dear Members and Readers,

Life for All (LFA), as a quarterly newsletter of CMAI is a great opportunity to connect directly with our membership. We put together news, highlights of events, reports from the field, a notice board of future activities, important announcements and regular columns by the Secretaries of 5 Sections of CMAI.

Being the Voice of CMAI: I encourage you to come forward and give feedback, ideas and views, in order to further share CMAI's vision and mission in action.

We have uploaded the e-versions of LFA along with Christian Medical Journal of India and TearFund's magazine Footsteps. Kindly visit our website (www.cmai.org/publications.html) to view and download these publications of CMAI.

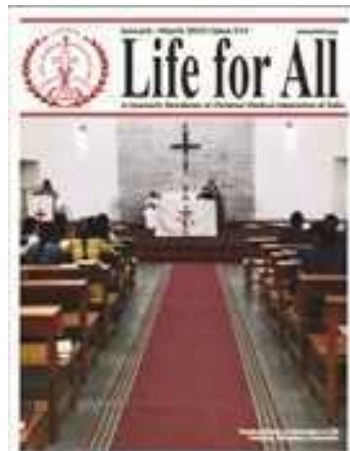
Write to us: As we continue to disseminate information on behalf of CMAI, connect with us via email (communication@cmai.org) to help our commitment to promote holistic healing to all.

Regards,

Christopher N Peter, Lead - Communication Department



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